

りゅうがくせい ながさきせいかつ
留学生のための長崎生活ガイド

Guide to Nagasaki Life for International Students

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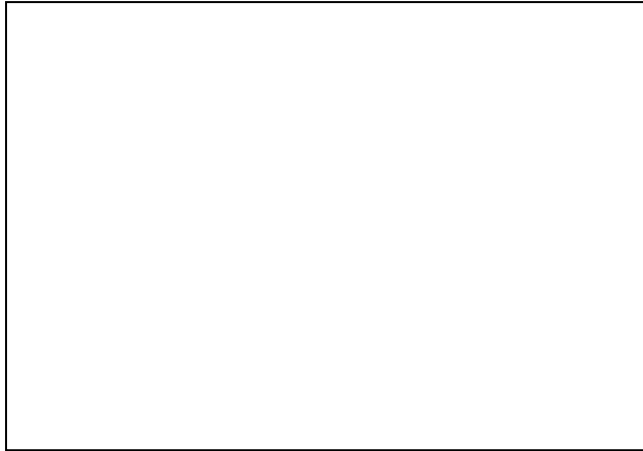
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| <p>This guide is based on the data as of February, 2006 (Some contents are based on the data of February2005)</p> |
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1 An Introduction to Nagasaki

▪ Profile

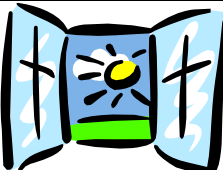

Nagasaki Prefecture is located in the westernmost part of Japan and has approximately 600 islands. Its gross area is 4,089 km² — 36th out of 47 prefectures in Japan in terms of area size. Although it does not cover too large an area, Nagasaki Prefecture has the second longest coastline, following Hokkaido, because of a great number of islands. Its tangled coasts have created many a picturesque scenery here and there, as well as blessed its inhabitants with rich fishing grounds.



The Glover House

Nagasaki has openly accepted foreign culture for a long time. Nagasaki was the only open port for foreign countries in Japan during the 200 years the Japanese government kept a closed-door policy. The Portuguese, Dutch and Chinese brought a great number of different customs, cultures and religions, influencing the formation of the unique culture Nagasaki has today. Nowadays, one can often imagine life in those days through traditional events and festivals in Nagasaki. Such historical background has some influence on Nagasaki people who are friendly to foreigners.

▪ Climate

| Spring | Summer | Autumn | Winter |
|--|---|--|--|
| Mar., Apr., May | Jun., Jul., Aug. | Sep., Oct., Nov. | Dec., Jan., Feb. |
|  It's warm. Cherry blossoms and azalea will bloom. | It's very hot and humid. Lots of rain during Tsuyu, a rainy season, and some typhoons mainly in August. | Cool breeze. High mountains are beautiful with colored leaves. | It's cold. Sometimes it snows a little.  |

▪ Monthly Temperature, Humidity and Precipitation in Nagasaki

(2005)

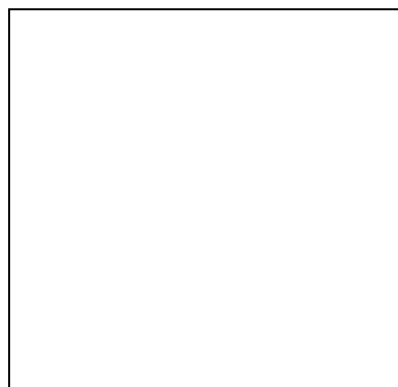
| | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Yearly |
|------------------------|-----|-----|-----|------|------|------|------|------|------|------|------|-----|--------|
| Average Temperature °C | 6.6 | 6.5 | 9.6 | 16.3 | 24.2 | 24.1 | 26.7 | 27.9 | 26.3 | 21.0 | 14.9 | 6.9 | 17.6 |
| Average Humidity % | 63 | 67 | 65 | 64 | 65 | 72 | 78 | 75 | 72 | 66 | 64 | 62 | 68 |
| Total Precipitation mm | 64 | 113 | 133 | 131 | 144 | 55 | 347 | 187 | 101 | 73 | 55 | 145 | 140 |

Annual Events in Nagasaki

| Time | Event | Place | Description |
|---------------------------------------|--|--|--|
| Around February | Nagasaki Lantern Festival | Minato Park, Hamanomachi and surrounding area (around Chinatown) | Festival held for 15 days from the Chinese lunar New Year. The city is lit with a number of colorful lanterns. |
| The first Sunday in April | Hata-age Taikai Kite Flying Festival | Tohakkei | Kites are called "Hata" in Nagasaki. A traditional event for kite flying. |
| April 29 to May 5 | Azalea Festival in Mt. Inasa | Mt. Inasa | The event, held from April 29 to May 5, the best season to enjoy beautiful azaleas. |
| July | Nagasaki Peiron Championship | Matsugae Pier | Competition of Peiron, or Dragon Boat. Boats of international students will also participate. |
| | Nagasaki Harbor Festival | Matsugae Pier | Various events are held. Lots of food and other stalls are set up. There is also the big fireworks. |
| August 15 | Shoro-nagashi Spirit Boat Procession | In Nagasaki City | People construct a boat for the spirit of their family member who died in the previous year. They bring the boat to the harbor, shooting off firecrackers. |
| Sat. and Sun. in the end of September | Kyoryuchi-matsuri Festival in the Former Foreign Residents' Quarters | Glover Garden, Minamiyamate, Higashiyamate | Various events are held, including a parade in the former foreign residents' quarters. |
| October | Nagasaki Kunchi Festival | Suwa Shrine | Festival of Suwa Shrine, held annually from October 7 to 9. Many kinds of dances are performed to serve the gods in the shrine. |
| | Autumn Kite Flying Festival | Mt. Inasa Park | Traditional kite-battles are held, as well as kite-flying lessons. |

For more information, please contact Tourism Publicity Section of Nagasaki City (Tel 095-829-1314 in Japanese), or contact the International Section of Nagasaki City (Tel 095-829-1113) for English information.

☆ There are various kinds of internet websites where you can get further information on Nagasaki. Please see "Internet Websites on Nagasaki" on Page 7.



Dragon Dance
in Nagasaki Kunchi Festival

2 Internet Websites on Nagasaki and Translation

• Nagasaki University Website

<http://www.nagasaki-u.ac.jp/>

You can get various information on Nagasaki University. Japanese, English, Chinese and Korean pages are available.

*** Website of International Student Center of Nagasaki University**

<http://www.is.nagasaki-u.ac.jp/>

You can access this website via the homepage of Nagasaki University website. It includes the information on Japanese Classes held by the Center, newsletter issued by the Center and this guide, etc. The site also has Japanese, English, Chinese and Korean pages.

• Websites of Introduction of Nagasaki, and Websites to Get Useful Information on Daily Life

★Nagasaki City Home Page

<http://www1.city.nagasaki.nagasaki.jp/>

On this top page, you find four columns, “*Nagasaki Shiyakusho* (Nagasaki City Hall)”, “*Nagasaki Kanko Guide* (Sightseeing Guide)”, “*Heiwa · Genbaku* (Peace and Atomic-Bomb)” and “English”. We introduce several sites you can enter through this page.

*** “Atto! Nagasaki”**

<http://www.at-nagasaki.jp/foreign/english/>

You can access this by going to the Nagasaki City homepage, clicking on the “English” and selecting the “tourism information” link. This site has other language versions such as English, Chinese and Korean. You can access here through the “English” version page on the city home page.

*** International Information**

<http://www1.city.nagasaki.nagasaki.jp/kokusai/index-e.html>

This is the home page of Nagasaki City International Affairs Division. In the middle of this page, you’ll see a column “Manabu Fureau (Learn and Communicate)”. Click “International Information” in this column, you’ll get a lot of information. You can reach the site “Useful Information for Foreign Residents”. If you want to read in English, click “English” and go to “Nagasaki City International Affairs Homepage”. Chinese and Korean pages are available.

*** Others**

There are other sites such as Nagasaki Prefectural Atomic Bomb Museum, Nagasaki Peace Declaration, Story of Dr. Takashi Nagai, etc.

★Nagasaki Prefecture Home Page

<http://www.pref.nagasaki.jp/en/index.html>

Here you’ll find a lot about the industries, economics, administration, life and others of Nagasaki. English, Chinese and Korean versions are available. Through this page you can access the following sites.

*** Nals - net**

<http://www.pref.nagasaki.jp/naisnet/en/index.html>

This is a page for tour guide information. It includes where Nagasaki prefecture is, what its weather is like and the history of the prefecture. English, Chinese and Korean pages are available.

★Nagasaki in Hometown Website

<http://www.infocreate.co.jp/hometown/nagasaki/nagasa-e.html>

One of the categories of Hometown Website, which introduces Japanese cities in every area from Hokkaido to Okinawa. It introduces Nagasaki with many photos in many categories such as History, Sightseeing Spots, Food, Traditional Art, Festivals, Persons in Town, Main Street, Favorite Spots, Children's Play, etc. English is also available.

★Nagasaki Dialect Converter

<http://www.yokotyouto.com/kotoba/nagasaki.html>

It provides conversion service from Standard Japanese to Nagasaki dialect. Mac users cannot use this service. Japanese only.

- International Exchange Organizations

★Kokusai Koryu Juku/Chikyukan

<http://www.h3.dion.ne.jp/~chikyuk>

Their base, Chikyukan, which is an old western style house designated as cultural asset by Nagasaki City, is the base for exchange of Japanese and foreigners in Nagasaki.

★Nagasaki International Association

<http://www.nia.or.jp>

This foundation was established in November, 1990 with the support of Nagasaki Prefecture, cities, towns and villages in Nagasaki Prefecture.

- Useful Websites for Translation

★Internet Resources "Internet resources for translation"

<http://www.kotoba.ne.jp/>

There are various websites for translation in many languages introduced on this site. You may have a chance to find out very useful websites for your research and life.

★excite "Translation service"

<http://www.excite.co.jp/world/text/>

Japanese-English, English-Japanese, Japanese-Chinese and Chinese-Japanese
Japanese→Korean Korean→Japanese

★infoseek multiple translations

<http://honyakuinfoseek.infoseek.co.jp/amitext/indexUTF8.jsp>

English→Japanese Japanese→English Japanese→Chinese Chinese→Japanese
Japanese→Korean Korean→Japanese

★WebLSD Online Life Science Dictionary

<http://lsd.pharm.kyoto-u.ac.jp/en/service/webbsd/index.html>

It is very convenient to consult the terms of life science, and helpful to know how to pronounce the Japanese words.

Japanese-English and English-Japanese dictionaries are available on this website.

★Jeffrey's Japanese English Dictionary Server

<http://linear.mv.com/cgi-bin/j-e/jis/dict>

This is a dictionary website covering many kinds of fields.

Japanese-English and English-Japanese dictionaries are available.

★Jim Breen's WWWJDIC Japanese-English Dictionary Server

<http://www.csse.monash.edu.au/~jwb/wwwjdic.html>

This is useful for finding out how to read Japanese sentences and their meanings.

Japanese→English English→Japanese

★On-line Scientific Terms

<http://sciterm.nii.ac.jp/cgi-bin/reference.cgi>

This is a glossary of scientific terms. You'll find how to pronounce a scientific term and understand its meaning. It covers 22 scientific fields.

Japanese→English English→Japanese

★popjisyo.com

<http://www.popjisyo.com/WebHint/Portal.aspx>

You can move your cursor over words on any homepage, and have the reading and meaning appear. It is very useful for studying.

★rikai

<http://www.rikai.com/perl/Home.pl>

This is a lot like the above mentioned popjisyo site.

★World Lingo

http://www.worldlingo.com/ja/products_services/computer_translation.html

Machine translation is available for websites and texts. 12 languages including Japanese can be translated.

★Eijiro on Web

<http://www.alc.co.jp/>

This is a web dictionary which is especially helpful when you want to look up Japanese words from English words. There are a large stock of examples as well. Japanese-English and English-Japanese dictionaries are available.

★Reading Tutorial Toolbox (Reading Tutor)

http://language.tiu.ac.jp/tools_e.html

It is useful for finding out how to pronounce Japanese sentences. You can understand the meaning in English and German. Both language versions are available

★Web's Ruby Service "Adaptive Technologies"

<http://www.adaptive-techs.com/lang/english.html>

If you make a user registration on this site, you can add phonetic Japanese letters to the words of e-mail or web-site sentences. Instructions are provided in Japanese, English, Chinese and Spanish.

3 Rules and Regulations

you have to know in Japan

Soon after your arrival, you will realize that rules and regulations in Japan are different from those of your own country. You need to know rules in Nagasaki to avoid unnecessary troubles. Read this chapter carefully and keep them in your mind..

- Carry one's Certificate of Alien Registration at all times!

Foreigners over 16 years of age must carry one's certificate of alien registration at all times. Whenever asked by an immigration officer, a policeman, or other officials, he/she has to show his/her certificate of alien registration accordingly. Any foreigner caught violating this rule will be subjected to imprisonment of not more than one year or to a fine of not more than two hundred thousand yen.

- Bicycle

★Illegally Parked Bicycle

You will see abandoned but usable bicycles left for a certain period of time on the roadside, in front of train stations, or under the pedestrian bridges. Do not take one home nor use it. You will be suspected of stealing it and be arrested by the police.

★Non-Light Riding at Night, Tandem-Riding

In Japan, riding bicycle without lights at night and riding double by adults is not allowed. The police will question if you ride (a bicycle) in such a manner. In this case, you will be asked to show your certificate of alien registration. If your bicycle is the one without security registration, you may be suspected of the above-mentioned theft.

★Lock your bicycle

A bicycle is easily stolen. Always lock your bicycle, when you leave it even for a short period of time.

★Bicycle security registration

When you buy a new bicycle, register the bicycle for theft prevention at the store. It costs 500 yen for the registration. This bicycle theft prevention registration will make it easier to find your bicycle when it is stolen.

- Part-time Job (see Page 37 for detail)

It is strictly forbidden by the law to work at an adult entertainment service sector such as a bar or a cabaret where you serve at the customer's seat, or a gambling place such as a pachinko parlor and a mah-jongg parlor. At these kinds of places you cannot even take a cleaning or dishwashing job.

When you work part-time, carry your certificate of permission for non-academic activities with you.

- Security

Don't you think that Japan is a very safe country? However, many crimes have occurred. Be aware of the following.

1. It is not recommended for a woman to walk alone late at night. Avoid walking alone on the empty street after dark as much as possible.
2. Keep valuables in your possession at all times. Do not leave your bag or your purse on the desk even in your laboratory or in a library.
3. Lock up your room when you go out. Lock not only the door but all the windows, even if your room is in the second floor or higher.
4. Do not hang out the laundry, such as women's underwear, where anyone can see.
5. If a stranger speaks to you or follows you and you feel endangered, report to the police immediately (TEL 110).
6. Do not return the mobile phone mail nor the phone call from someone you don't know. You may be asked for excessive charges.

If you experience any harm or danger, report to the police immediately (TEL 110). Report also to the International Student Exchange Division (RYUUGAKUSEIKA) as soon as possible. (TEL 095-819-2124)



- Trash Disposal in Nagasaki City (See Page 49 for detail)

There are rules for trash disposal. Be sure to follow them. It will be a great inconvenience to your neighbors if you do not dispose of your garbage at the appointed location, time and day. Trash must be disposed using the designated bags which can be purchased in supermarkets. In Nagasaki City, basically you have to sort trash into 4 types; burnable, unburnable, plastic containers and wrappings, and recyclable garbage. Please note that the rules of trash disposal have slightly been changed in April, 2004, in Nagasaki City. Become friends with your landlord and neighbors and ask them if there is anything you need to know to avoid any trouble. The rules of trash disposal differ in each city or town. Please follow the rule of your own city or town.

4 Things to-do list for the newly arrived students

Alien Registration

Apply at the Residents Section (SHIMINKA) on the first floor in the Nagasaki City Hall.

Things you need:

①Passport ②Two Photographs (4.5cm x 3.5cm) ③Application Form (available at the City Hall)

Certificate of Alien Registration will be issued in about 2 weeks. You can receive it at the City Hall.

National Health Insurance

(Sign up)at the National Insurance Section (KOKUMIN KENKO-HOKENKA) on the second floor in the Nagasaki City Hall.

Things you need:

①Passport ②Application Form (available at the City Hall)

Opening Bank Account

Things you need:

①Passport ②Certificate of Alien Registration

Note: If you want to open a deposit account at a bank or a post office, make sure to ask the International Student Exchange Division where you should go.

Submission of International Student Card to the International Student Exchange Division (RYUGAKUSEIKA) See page 137

At the orientation in April and October, this will be explained. If you are unable to attend, please inquire at the international student Exchange Division.

Submission of Copies of Passport and Certificate of Alien Registration to the International Student Exchange Division(RYUUGAKUSEIKA)

Procedures Related to Renting an Apartment (at the International Student Exchange Division(RYUUGAKUSEIKA))

Student ID Card (at your Faculty or Department, Photo needed)

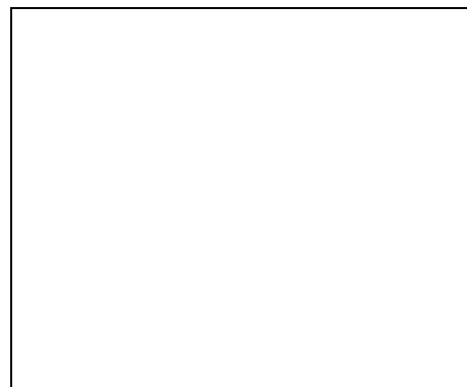
(Sign up as) Co-op (members) and Accident Insurance (at the University Co-op, free of charge) →page61

Personal Accident Insurance for Students Pursuing Education and Research (at the Student Support Center)→page23

5 International Student Exchange Division Procedures - Information(Ryugakuseika)

The International Student Exchange Division (Ryugakuseika) is located on the first floor in the building just at the left of the front gate of the Bunkyo Campus. They help international students in various ways.

For the location, please see the campus map on Page152③.



• Procedures

★Submission of International Student Card

Please see “Forms” at the end of this book(page137)

From the International Students Exchange Division

The International Student Exchange Division is computerized to precede international student-related services quickly. To provide services smoothly, we ask the students to fill-in the International Student Card. You will get a lot of benefit from a variety of information (about things) such as scholarships by way of mobile phone mails provided by the office. In order to activate this system, we need to have accurate individual information. Please get the registration at the office, fill it in and submit it. We protect your personal data from information misuse. We need your co-operation. Thank you.

★Notification of change of Address, telephone number, E-mail address

Please see “Forms” at the end of this book (page139)

★Application procedure for scholarship for International students sponsored by Japanese government.

★Application procedure for scholarship for International students on private expenses

For more information, please see Page 25

★Application procedure for subsidy of medical fees and house rents

For subsidy of medical fees, please see Page 85.

For subsidy of house rents, please see Page 45

★Procedure concerning the International House

For more information about the International House, please see Page 41.

★Procedure concerning Nagasaki-chiiki Ryugakusei Kaikan

Please see Page 43

★Procedure for non-academic activities (part-time job)

Please see Page 37

★Procedure for extension of period of stay

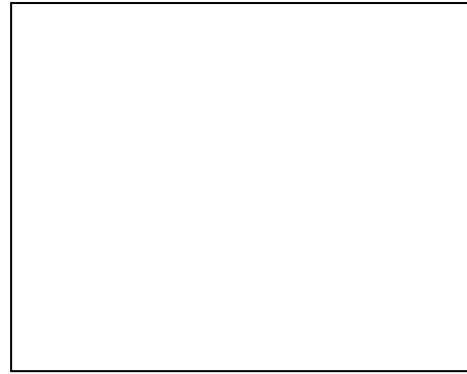
Please see Page31.

★Procedure for temporary leave and re-entry (partially)

Please see Page 31.

- International Student Exchange Plaza

It is a multi-purpose space for International students in the office. There are six computers available for internet. Chairs and tables are free to use. The plaza is open from 8:30 in the morning until 6:30 in the evening, from Monday to Friday.



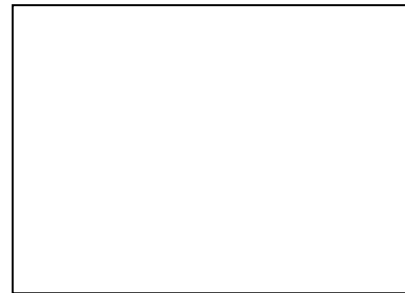
- Information from the office

★Information concerning events and international exchange programs etc.

Bulletin boards are placed in each faculty, by the side of the International Student Exchange Division and International Student Exchange Plaza. Important information will be posted there. Please take a look once a day.

★Homepage-International Student Information

This is the homepage for the International Student Exchange Division(RYUGAKUSEIKA), and contains a wealth of information for current and prospective international students at Nagasaki University. You can access it by clicking on the exchange student info link on the Nagasaki University homepage



Bulletin Board

- Notice

★Advice for students who ride bikes or drive cars

Not a few international students in Nagasaki University have recently been involved in motorcycle or automobile accidents. And they violate the parking regulations and break the speed limit. Luckily these traffic accidents were minor and the students were not responsible for the accidents. Any one of you is at the risk of being involved in a traffic accident, which you are responsible for. In this case, you have to indemnify for loss. The amount charged will usually be quite high. There are some students who had to quit their study and return to their home country because of accidents.

Japanese government obliges those who possess cars or motor cycles to buy an automobile liability insurance. This compulsory insurance covers only minimum payment for the injury and aftereffect of an accident. It cannot cover all the amount of reparation demanded if you are responsible for the traffic accident. The amount of reparation depends on how serious the accident is. To make up for this shortfall of the compulsory insurance, there is a voluntary insurance plan in Japan.

The International Student Exchange Division makes it obligation for international students to buy a voluntary insurance if they have motorcycles or automobiles. The office helps you to do the procedure. Those who possess bikes or cars should come to the office. The monthly payment for motorcycle insurance is about 2000 yen (about 1370 yen for a bike equipped with 50cc engine). Please ask the office for more information.

Make sure to obey traffic rules and do not violate parking rules or speed limits.
Call 095-819-2121 (the International Student Exchange Division)



6 Student Support Center, Student Assembly Hall and Student Plaza.

- Student Support Center

Student Support Center is located near the back gate. In the Student Support Center, they provide information of part-time jobs, support for extracurricular activities and tuition exemption, etc. These are some of their helpful services.

For the location of the Student Support Center, please see the campus map (Page 152③).

★ Financial Support Corner

In this corner, they accept applications for entrance fee exemption and tuition fee exemption.

Please see Page 25 in detail.

★ Living Support Corner

In this corner, they offer information on part-time jobs, etc.

You can ask about “Personal Accident Insurance for Students Pursuing Education and Research” here.

For non-academic activities (part-time job), please see Page 37.

★ Extracurricular Activities Support Corner

In this corner, they offer information on students’ circles.

★ Counseling Room

In this room, you can consult with one of the advisors and counselors about your problems in your study, future career, troubles in daily life, personal relations, etc. Feel free to visit, even if you think your problem is minor. You can visit here together with your friend, if you want. Your privacy will be carefully protected. Basically the consultation is conducted in Japanese.

Business Hours: 10:00 to 17:00 on Monday through Friday

How to Consult: Ask directly the intaker (consultation receptionist) in the Counseling Room first, or tell about your problem through telephone, FAX, or E-mail. The intaker will introduce an advisor or a counselor according to your problem.

Intaker (consultation receptionist)

Direct phone : 095-819-2106 FAX : 095-819-2107

E-mail address: nandemo@ml.nagasaki-u.ac.jp

- Student Hall and Student Plaza

The Student Hall and the Student Plaza are separate buildings, and are near the Student Support Center. There are a meeting room, a multiple-purpose room, a Japanese-style room, a tearoom, a common lounge in the Student Hall. There are large and medium sized multiple-purpose halls in the Student Plaza. Ask at the office of the Student Hall on the second floor about the procedure for the room registration. Moreover, An automatic certificate issue machine is installed in the common lounge on the first floor in the Students Hall.

★ Automatic Certificate Issue Machine

The certificates which can be issued with this machine are as follows. A student ID card is needed when you use it. Research student cannot use it.

Student registration certificate
Graduation prospective certificate
Student discount certificate
Health certificate

The machine is also installed in the Sakamoto campus and the Katafuchi campus.

7 Tuition Payment, Exemption of Tuition Fee and Scholarship

- Tuition payment method

Tuition payment method is as follows.

- Basically, your tuition fee will be automatically withdrawn from your bank or postal account. (* Cash payment at the university office is basically not accepted.)
- Basically, payments are accepted only twice a year, April 27th (for the first half) and October 27th (for the last half). If you cannot have your tuition fee ready by the designated days for some reason, the second dates of withdrawal are; May 27th and November 27th. (If the designated day happens to be weekend or a national holiday, the next working day is applicable.)
- If you still fail to manage the payment on May 27th and November 27th, you must pay your tuition fee by means of a bank transfer. Handling fee will be your responsibility.
- About tuition payment, University will let you know by mail or other communication measures.

Your current address should be correctly recorded at the Student Affairs Section of your department. When you move to a new address, you are required to report it.

Contact the Fund, Cashier of Finance Department (Call: 095-819-2060) for more information.

- Exemption of Tuition Fee

The undergraduate and graduate school students, who have difficulty in paying tuition fee because of economical reason and whose academic record is high, can apply for the tuition fee exemption program. After screening, whole or a half of tuition fee might be exempted. Non-regular students such as research students and repeaters can not apply to this program.

Intended applicants: undergraduate and graduate school students

Application : This program provides the exemption of the tuition fee twice a year, for 6 months, i.e. April to September and October to March. Spring semester is from the later half of February to the later part of March. Fall semester is from the later part of July to the beginning of August, as well as the middle of September to the beginning of October. Exact application schedule will be noticed on the bulletin boards or Nagasaki University website.

Contact: Student Support Center (for the location, see the map on page152 ③)

Notice: ①Applicants do not need to pay tuition fee before they receive the result of screening.
②The result of screening will be announced on the bulletin boards.

- Scholarship for International Students on Private Expense

If you are not sponsored by Japanese government or your country, you can apply for scholarships offered by Japan Student Services organization (JASSO) or other private groups. Any offer will be posted on notice boards located in the International Student Exchange Division and other faculties. Don't miss it if you are interested. Here is a list of scholarships from March 2005 to February 2006. For details, please ask at the International Student Exchange Division(Ryugakuseika) (whose location is on the map in Page.152⑱).

- List of Scholarships for International Students on Private Expense

(as of the end of February 2006)

(Scholarships for students recommended by this university)

| Names of Scholarships | Application | Grant/month | Period | Countries | Accepted | Remarks |
|--|-----------------|--------------------|--------|---------------|----------|---|
| JASSO's Honors Scholarship for Privately Financed International Students | Middle of April | ¥50,000 ¥70,000 | 1 year | No designated | 32 | ¥50,000 for undergraduate ¥70,000 for graduate |

| | | | | | | |
|---|-----------------------|----------------------|----------------|-------------------------------------|---|--|
| Matsufuji Shougaku-Ikuei-Kikin | End of April | ¥20,000 | 1 year | No designated | 3 | |
| Nagasaki-Daigaku Igakubu Scholarship ※ | Middle of June | ¥40,000 | 1 year | No designated | 1 | Faculty of Medicine and medical related courses belonging to Graduate School of Biomedical Science |
| Nagasaki-Ken Kokusai-Kouryu Kyoukai | Middle of July | ¥20,000 | 1 year | No designated | 2 | |
| Rotary Yoneyama Memorial Foundation Inc. | Beginning of August | ¥100,000 ¥140,000 | 1 to 2 years | No Chinese and Korean undergraduate | 4 | ¥100,000 for undergraduate ¥140,000 for graduate |
| Heiwa Nakajima Zaidan Scholarship | End of August | ¥100,000 ¥120,000 | Within 2 years | No designated | 0 | ¥100,000 for undergraduate ¥120,000 for graduate |
| Asia Kokusai Kouryu Syougaku Zaidan Kawaguchi Shizu Kinen Scholarship | Beginning of November | ¥60,000 ¥70,000 | 1 year | Asian countries | 0 | ¥60,000 for undergraduate and master's course ¥70,000 for doctoral course |
| Nagasaki Kita Rotary Kokusai Kouryu Scholarship | Middle of December | ¥50,000 | 1 to 2 years | No designated | 2 | |
| Sato International Scholarship Foundation | Middle of December | ¥100,000 ¥130,000 | Within 2 years | Asian countries designated | 0 | ¥100,000 for undergraduate ¥130,000 for graduate |
| Sagawa Ryugakusei Scholarship | Beginning of February | ¥100,000 | 2 years | South East Asian countries | 0 | |
| Chousen shougakukai | End of February | ¥25,000 to ¥50,000 | 1 year | North Korea Korea | 1 | ¥25,000 for undergraduate ¥40,000 for master's course, ¥50,000 for doctoral course |
| Association of International Education, Japan DoCoMo Scholarship | End of March | ¥120,000 | 2 years | Asian countries | 1 | |

Note: Please ask the 1st educational affairs section, Graduate School of Biomedical Science concerning the scholarship marked with※.

The item of "accepted" refers to the number of accepted in fiscal year of 2005 .

(Scholarships with necessities of your own application)

| Names of Scholarships | Application | Grant/month | Period | Countries | Accepted | Remarks |
|---|--------------------|-----------------------|----------------|---|----------|--------------------------|
| Kouryu-Kyoukai Scholarship (Domestically adopted) | Middle of August | Approx. ¥175,000 etc. | Within 2 years | Taiwan | 0 | |
| Iwatani Kokusai Ryugakusei Scholarship | Middle of November | ¥150,000, etc. | 1 years | East Asia and SouthEast Asian countries | 0 | |
| シーツーNagasaki | November | ¥120,000 once for all | | | 1 | only for female students |

8 Procedures for Entry and Residence

The procedures described here are conducted at the Nagasaki Port Branch Office of the Fukuoka Regional Immigration Bureau (hereinafter referred as “Nagasaki Immigration Office”), the Nagasaki City Hall or at the International Student Exchange Division(RYUGAKUSEIKA) in Nagasaki University.

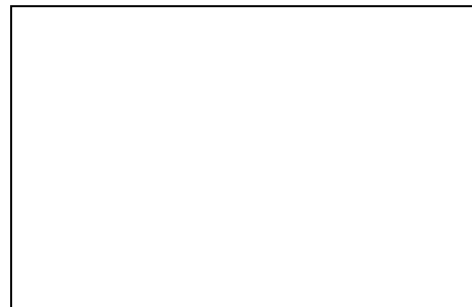
- Direction to the Nagasaki Immigration Office and the Nagasaki City Hall

★ **Directions to the Nagasaki Immigration Office from Bunkyo Campus and Sakamoto Campus of Nagasaki University and its business hours (For the location, please see the map on Page 147⑱)**

Get on the No. 1 streetcar bound for “Shokakuji-shita”, then change to the No. 5 streetcar bound for “Ishibashi” at “Tsukimachi” and get off at “Ourakaigandori.” Walk for 5 minutes and you will find the Nagasaki Immigration Office. The Office does not have its own building, but is on the second floor in the Government Offices Building for Harbors Affairs.

| | |
|---|---|
| Business hours of the Nagasaki Immigration Office | 9:00 a.m. to 12:00 a.m. 1:00 p.m. to 4:00 p.m. Closed on Saturdays, Sundays and national holidays |
|---|---|

☎ 095-822-5289



★ **Directions to the Nagasaki City Hall from Bunkyo Campus and Sakamoto Campus of Nagasaki University and its business hours (For the location, please see the map on Page 147 ㉑)**

Get on the No. 3 streetcar bound for “Hotarujaya” and get off at “Sakuramachi.” Walk for 3 minutes and you will find the Nagasaki City Hall.

| | |
|---|---|
| Business hours of the Nagasaki City Hall | 9:00 a.m. to 5:15 p.m. Closed on Saturdays, Sundays and national holidays |
|---|---|

☎ 095-825-5151

- Alien Registration (Proceed to the Citizen Section (SHIMINKA) in the Nagasaki City Hall)

According to Alien Registration Law, all foreigners living in Japan must complete Alien Registration in person at the municipal office of the city, ward, town or village where they reside, within 90 days after arriving in Japan.

Necessary documents for registration are as follows:

- | |
|--|
| 1) Passport 2) Two photographs (identical photos taken within the last 6 months, size of 4.5cm x 3.5cm) 3) Application form (available at the City Hall) |
|--|

☆ “Certificate of Alien Registration” will be issued within 2 weeks after application. International students must carry the certificate with them all the time, and if any change has taken place in the registered matters such as address and period of stay, notify the municipal office within 14 days.

☆ If you need “Certificate of Alien Registration” during you are waiting for the issue of it after application, “Certificate of Applicant of Alien Registration” is issued at the City Hall. Passport, a receipt paper that you have received when you file the registration and 300 yen for charge are required.

- Temporary Leave and Re-Entry (Proceed to the Nagasaki Immigration Office)

When a foreigner who lives in Japan leaves Japan temporarily to return to his/her country or visit other countries, he/she must get “Re-entry Permit” before leaving Japan. Re-entering Japan will not be permitted without it. The necessary documents for application for “re-entry permit” are as follows:

- 1) Passport
- 2) Certificate of alien registration
- 3) Cost : 3,000 yen for single re-entry, 6,000 yen for multiple re-entry
- 4) Application form : available at the Nagasaki Immigration Office or the International Student Exchange Division(RYUGAKUSEIKA).

Note:

- When you leave Japan temporarily, be sure to submit a form “A Report of Temporary Leaving” with your supervisor’s seal (INKAN) to the International Student Exchange Division(RYUGAKUSEIKA). Please see “Forms” at the end of this book(page138)
- Single re-entry means re-entry is permitted only once. Multiple re-entry means re-entry is permitted repeatedly until the expiration of eligibility for status of residence.

- Application for Extension of Period of Stay (Submit to the International Student Exchange Division(RYUGAKUSEIKA))

When you stay beyond the permitted period of stay, you must apply for an extension of the period every other year (or every year in some cases.) Necessary documents for the extension procedure are as follows:

- 1) Passport
- 2) Application form for extension of period of stay (available at the International Student Exchange Division(RYUGAKUSEIKA).
- 3) Certificate of alien registration
- 4) Transcript of academic record (or certificate of academic work in case of research students or graduate school students)(Form of certificate of academic work is available at the International Student Exchange Division (RYUGAKUSEIKA).)
- 5) Payment Confirmation Slip (4000 yen payment sticker) ...The form is in the International Student Exchange Division(RYUGAKUSEIKA).

- Application is accepted 2 months before the expiration.
- It takes about 4 weeks to complete the extension process after submitting the application to the International Student Exchange Division(RYUGAKUSEIKA). When you get a phone call from the International Student Exchange Division(RYUUGAKUSEIKA), please come pick up your passport.
- In case the period of stay is over, you have to go to the Fukuoka Immigration Office. Please note that other documents may be required according to your status of residence.

Note: When the period of stay is updated, go to the Citizen Section (SHIMINKA) at the Nagasaki City Hall to renew (endorse)the certificate of alien registration. Please bring your updated Alien Registration Card to the International Student Exchange Division(RYUGAKUSEIKA).

Note: When you leave the University because of graduation, completion of your study, or withdrawal, your student visa doesn’t authorize you to stay in Japan any more, even if it is not expired .

★Extension of the period of stay for student' s family with a certificate of eligibility to status of residence

Necessary documents:

- 1) Passport (family's and yours)
- 2) Application form for extension of period of stay ... available at the Nagasaki Immigration Office or International Student Exchange Division (RYUGAKUSEIKA).
- 3) Certificate of alien registration
- 4) Certificate of student status (or certificate of registration in case of research students)
- 5) Document to certify your ability to support your family
For students sponsored by the Japanese government: Letter of guarantee, certificate of student sponsored by the Japanese government
For students on private expense: Certificate of scholarship, certificate of bank balance, certificate of remittance, document to certify your annual income or the amount of your tax
- 6) Document to certify the relationship between you and the applicant
Certificate of marriage, etc.
- 7) Cost: 4,000 yen

Others:

- Please note that other documents may be required according to your status of residence.
- Certificates to be presented have to be original ones.
- Application is accepted 2 months before the expiration.

- Bringing Your Family to Japan (Proceed to the Nagasaki Immigration Office)

Get a Certificate of Eligibility for Status of Residence at the Nagasaki Immigration Office, and send it to your family, who can then obtain an entry visa at the Japanese Embassy in your country. Only the spouse and children can obtain this certificate.

Necessary documents for obtaining your family's entry visa are as follows:

- 1) Application form for certificate of eligibility for status of residence (available at the Nagasaki Immigration Office or the International Student Section(RYUGAKUSEIKA))
- 2) One photograph of your family (taken within the last 6 months, 4cm x 3cm)
- 3) Your passport or a copy of certificate of alien registration
- 4) Certificate of marriage, certificate of birth, a copy of your family register (any one of the above documents)
- 5) Document to certify your ability to support your family
For students sponsored by the Japanese government: Letter of guarantee, certificate of student sponsored by the Japanese government
For students on private expense: Certificate of scholarship, certificate of bank balance, certificate of remittance, document to certify your annual income or the amount of your tax
- 6) Certificate of student status
- 7) An envelope with your name, return address and postage stamps for 430 yen on it

Note:1)It takes about 1 month to obtain certificate of eligibility to status of residence, and it will be valid for 3 months. It means that your family must come to Japan within 3 months after the issued date of the certificate

2)Japanese translation shall be attached, if the documents are written in foreign languages. However, it is not necessary for the simple document in English.

3)Certificates to be presented have to be original ones or the ones proved to be original.

▪ Schedule that the staff of the International Student Exchange Division(RYUGAKUSEIKA) goes to the Nagasaki Immigration Office

The staff of the International Students Exchange Division(RYUGAKUSEIKA) goes to the Nagasaki Immigration Office regularly to apply for the extension of the period of stay, non-academic activities, etc. The schedule is as follows:

Applications received from 1st to 10th of each month → 11th of each month

Applications received from 11th to 20th of each month → 21th of each month

Applications received from 21st to the end of the month → 1st of each month

▪ Consultations on Status of Residence, etc.

★ Chikyu-Shimin Hiroba (at the Brick Hall in Mori-machi)

Provides consulting service for status of residence, permanent residence, acquiring Japanese nationality, etc. in English, Chinese. For more information, please check on the internet website of Nagasaki City

(<http://www1.city.nagasaki.nagasaki.jp/kokusai>).

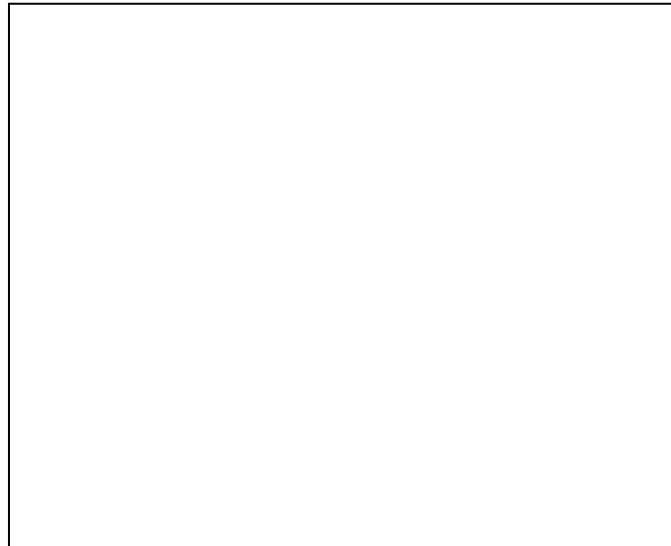
For the location, please see the map on Page145(7)

★ Immigration Information Center

Consulting service on immigration matters is provided in English, Portuguese, Chinese, Spanish and Korean from 9:00 a.m. to 4:00 p.m. on Monday through Friday. The telephone number is 092-626-5100. Located in the Domestic 3rd terminal building of Fukuoka International Airport.

English/Chinese /Korean: Monday ~ Friday (everyday)

Spanish & Portuguese: Monday/Friday



Nagasaki Brick Hall

9 Non-Academic Activities (Part Time Job)

Permission is Required for Non-Academic Activities

The Sikakugai Katsudo Kyokasho is; Permission to engage in activity other than that permitted under the status of residence previously granted. Foreign students must be legally permitted to work. The necessary procedures to obtain the permission can be done at the International Students Exchange Division of the University. The certificate is valid for the period of your residence permit even if you change your place of work.

Once you get the permission you are allowed to work. You have to carry your certificate of permission of non-academic activities whenever you work. For the spouse of a foreign student, the procedure is different. They must get a certificate at the Nagasaki Immigration Office. The applicant should bring their passport, Alien Registration Card, and Employment Intent Form to the Nagasaki Immigration Official. If they work without permission, they may be forcefully returned to their country.

How to Get the Permission of Non-Academic Activities (Part Time Job) (Proceed to the International Student Exchange Division(RYUGAKUSEIKA) in Nagasaki University)

In general, foreigners who are staying in Japan with a student visa are not permitted to have a part time job. However, if you have to work to continue your study, you can do it after obtaining the permission from the immigration office. Working hours is limited to within 28 hours per week for the regular students and research students, and 14 hours per week for the auditors. 8 hours per day during vacation.

The necessary documents in applying for the permission are as follows:

- 1) Application for permission of non-academic activities (available at the International Student Exchange Division(RYUGAKUSEIKA) attaching the letter of consent by your advisor (The letter form is also available at the International Student Exchange Division(RYUGAKUSEIKA).)
- 2) Passport
- 3) Certificate of alien registration

Announcement Regarding Part-Time Job by Fukuoka Immigration Office

You are not allowed to work in the following places by “Law on Control and Improvement of Amusement and Entertainment Business”(Futeki-ho). Please be aware of it when you look for a part-time job.

1. **“Entertainment and amusement business” referred in the related law**
Business which affects public morals
Ex. Cabarets and Night clubs where customers are served alcohol and food.
Coffee shops and Bars where the lighting inside is below 10 luxes.
Mah-jongg parlors, pachinko Parlors, and slot machine equipping businesses.
2. **“Store type sex-related amusement special business” referred in the related law**
Special immoral business where certain services are provided inside
Ex. Soap land, Fashion health, Strip-show theaters, Love hotels, and Adult shops.
3. **“Non-store type sex-related amusement special business” referred in the related law**
Special immoral business where certain services are provided outside
Ex. Fashion health where employees are sent to customers for prostitution purposes, and mail order businesses where adult videos are sold through mail order services.
4. **“Image transmitting type sex-related amusement special business” referred in the related law**
Immoral business on the Internet
Ex. Internet services which offer obscene movies.
5. **“Store type fixing up over telephone business” referred in the related law**
Immoral business provided on the phone inside
Ex. Telephone Clubs where men and women are introduced on the phone.
Men stay inside the shop and wait for women to call them.
6. **“Non-store type fixing up over telephone business” referred in the related law**
Immoral business provided on the phone outside
Ex. Two Shot Dial and Dengon Dial where men and women are introduced on the phone. Call many and unspecified persons’ telephone and leave messages to introduce strangers.

- How to Find a Part Time Job

How do you find a part time job?

Answer:① Get it through the University (Student Center) ②Go to Hello Work Nagasaki③Have a look at want ads in magazines for employment (available at the University Co-op or convenience stores) ④Get it through your friends of acquaintances.

Here, we explain to you the details about ①, ② .

① You Get a Job through the University

You can find a part time job through the student consulting corner at the Student Support Center (map on Page152 ③). Student ID card and permission of non-academic activities are required. New students cannot be given the support there for 3 months after entering the University, because the University think academic work and learning about new life are more important than finding a job for new students. We hope you will find an appropriate job and work without affecting your study and health.

② You Go to Hello Work Nagasaki

Hello Work Nagasaki is a public employment agency office. To go to the office, get off the streetcar at the “Daigakubyoinmae” stop, walk towards the post office “Kitayubinkyoku”, past the JR railroad crossing and cross over the Urakami River, then keep going towards the right about 150 meters. There is a general information desk at the front of the main entrance. Tell the staff, “I’m a foreign student looking for a part time job.” Fill in an application form, put it in the reception box placed at the No.19 desk of Job consultation Section No.5, and wait for your name to be called.

Bring your passport and your certificate of alien registration. Bring your curriculum vitae (use the standard Japanese format) and the permission for non-academic activities (Shikakugai Katsudo Kyokasho) if you have.

All job information is based on the “Jobfinder system.” You can look for a job through this system at the computer corner.

They can not guarantee to offer everyone a job quickly, but they always give advice to anyone who are looking for a job.

Office Hours: Monday to Friday 8:30 a.m. to 5:00 p.m.

“Jobfinder System” is also available at the Information Plaza on the 3rd floor in the Merca Tsukimachi (back of “Chuobashi” bus stop). Their business hour is from 8:30 a.m. to 5:00 a.m. If you need any assistance to find a job, you have to go to “Hello Work Nagasaki.”

Location of Hello Work: Map on Page145 ②



10 Housing

• International House

The International House of Nagasaki University is a dormitory for international students or researchers in Nagasaki University. The University has two of such dorms popularly called as “Nishi-machi Kaikan” and “Sakamoto Kaikan.” The addresses and telephone numbers are as follows. Maps of Nishi-machi Kaikan is on Page 148 and Sakamoto Kaikan is on Page 145

⑤.

| | | |
|------------------|--|---|
| Name | International House of Nagasaki University (Nishi-machi Kaikan) | International House of Nagasaki University Sakamoto Branch (Sakamoto Kaikan) |
| Address | 〒852-8043 12-1, Nishi-machi, Nagasaki | 〒852-8102 7-1, 1-chome, Sakamoto, Nagasaki |
| Telephone Number | 095-845-0201 | 095-849-7519 |

Most of the rooms at the International House are for singles. The Nishi-machi Kaikan also has the rooms for families or couples. You can live there for one year, but an extension may be permitted for up to 6 months. All residents must participate all events held by International House such as orientation, fire drill, etc. **Also, if any friends visit you in Nagasaki, they are not allowed to stay with people living in single rooms.**

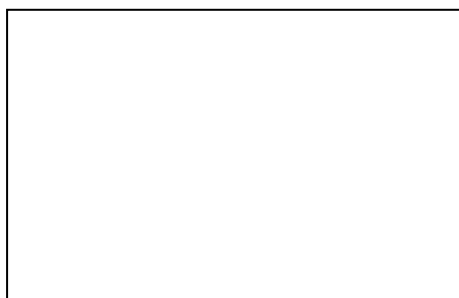
★Japanese Tutor

Japanese tutors live in Room 104 of Nishi-machi Kaikan and Room 201 of Sakamoto Kaikan, who give you advices on various problems.

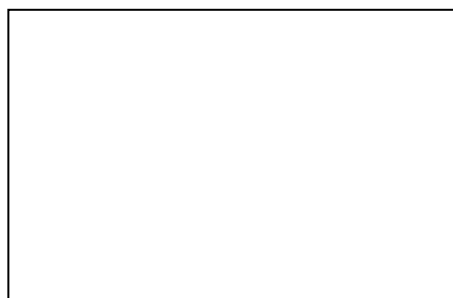
★Cost and Payment

| | Single Room | Couple's Room | Family Room |
|--|--|---|------------------|
| Room Charge | ¥5,900/month | ¥9,500 or ¥11,900 yen/ month (depending on room type) | ¥14,200/month |
| Utilities | For everyone: charge of electricity, gas, water and sewage used in your own room For a single room user: charge of electricity, gas, water and sewage used in kitchen and laundry room. (All users share the charge evenly.) | | |
| common-area charge | ¥1,500/month | ¥1,000/month | ¥1,000 per month |
| Charge of restoration (required only at the first payment) | ¥10,000 | ¥12,000 or ¥13,000 (depending on room type) | ¥15,000 |
| Payment | Bill of charges of room, utilities, and common-area charge will be delivered every month. Pay for it by the designated date at the International Student Exchange Division (RYUUGAKUSEIKA) or Sakamoto Kaikan Office if you live in Sakamoto Kaikan. | | |

Note: Charge of restoration is for professional cleaning of your room when you move out. **When you move out, please be sure to clean up your room and not leave your private matters or garbage.**



Nishimachi Kaikan



Sakamoto Kaikan

- Nagasaki Chiiki Ryugakusei Kaikan



This is a living area provided by the Nagasaki Bus Company for use by international students in Nagasaki. It is limited to males, and costs 30,000 yen a month (including light, heat, and water). There is also a one time cleaning fee of 10,000yen, and a yearly fee of 7,500 yen as “Comprehensive Renter’s Insurance for Foreign Students Studying in Japan”. It is located in Nameshi, 3 chome, and there are 38 rooms. For details, please contact the International Student Exchange Division(095-819-2121). About subsidy to join insurance→See

page61 For the location→See the map in Page149

- Private Apartment

If you want to rent a private apartment, visit a real estate agent. The University Co-op also has a real estate section. In Nagasaki, the rent for a studio apartment with a small kitchen and a bathroom ranges from 30,000 yen to 40,000 yen. Nagasaki has a lot of slopes, and rent is a little less expensive in areas with slopes. Housing Warranty System for International Students is available. Please consult with International Student Exchange Division (RYUGAKUSEIKA) before you start to look for a private apartment.

★Housing Warranty System for International Students In general, a guarantor is required when you rent a private apartment in Japan. The Nagasaki International Association provides service to become your guarantor if you join “Comprehensive Renter’s Insurance for Foreign Students Studying in Japan”. Insurance fee is ¥7,500 but ¥4,000 will be paid by the Nagasaki University Ryugakusei Koenkai (see page 61). Please contact the International Student Exchange Division (RYUUGAKUSEIKA) for more information.

★ Money for renting an apartment (before moving in)

Refundable deposit (2 or 3 months rent) + Key money (one month rent) + the first month’s rent = 4 or 5 months rent

Refundable deposit refers to the refundable fee paid to the landlord to repair any damage done during stay.

Key money means the commission given to the real estate agent.

★ Monthly fee

Rent + Service fee※ + Utilities (electricity, gas, water supply, etc.) + Telephone, etc.

Service fee means the fee which covers the cleaning and maintenance of the facility used by the tenant. ※ Service fee is sometimes included to the rent

- Municipal and Prefectural Apartments

International students also can apply to stay at municipal and prefectural apartments. The rent differs depending on your income, traffic conditions and the house age, however it is less expensive than that of private apartment. Neither municipal nor prefectural apartments have single rooms

Municipal Apartment : The Housing and Urban Development Corp. accepts applications about 6 times a year. (TEL 095-829-2991, near the Nagasaki City Hall, for the location, please ask at the City Hall.) For the location of the Nagasaki City Hall, please see the map on Page147⑦.

Prefectural Apartment : The Nagasaki Prefecture Housing Corporation accepts applications about 4 times a year. (TEL 095-823-3050, Next to Yumesaito,and near “Ohato” streetcar station) For the location, please see the map on Page147 ⑬

※A notice concerning the application period will appear on “Koho Nagasaki” and “Ken kara no Oshirase (Notices from Prefectural Government), which is distributed with “Koho Nagasaki”, be sure to watch out for them as well as the bulletin board at the International Student Exchange Division(RYUUGAKUSEIKA).

- Rent Subsidies

★ In case of students on private expense

You can avail of subsidies from the Nagasaki University Ryugakusei Koenkai, which provides 10,000 yen for rent (only once) and up to 30,000 yen for the commission given to the real estate etc. (only once). Apply at the International Student Exchange Division (RYUGAKUSEIKA).

- Moving House

★ When you have decided to move out

Inform your landlord that you are planning to move out at least one month in advance. Pay all the remaining bills for utilities and rent before leaving the house. Ask the University Co-op for information on various moving companies to handle your furniture. They will introduce a suitable moving company. → See Page 63 “The University Co-op”

★ Procedures in settling utility bills and arranging mail forwarding

| | |
|-----------------|--|
| Electricity | Fill out the form at the breaker box of your new apartment and mail it. Contact : Kyushu Electric Power Co., Ltd., Nagasaki Service Center TEL 095-864-1800 |
| Gas | Town gas : Contact the Nagasaki Branch Office of Saibu Gas one week before moving in to request to open the gas valve at your new house on the day you move in. (TEL 095-826-9101) Propane gas: Contact the propane gas company one week before moving in to request to open the gas valve at your new house on the day you move in. For the telephone number of the propane gas company, ask your real estate agent or landlord. |
| Water supply | Contact the Water Supply Fee Section (SUIDO-RYOKINKA) of the Nagasaki City Hall one week before moving in. (TEL 095-829-1207) |
| Telephone | NTT accepts requests for telephone line transfers starting from one month before the actual moving date, so inform NTT about the necessary details as soon as possible. (TEL 116) |
| Mailing address | Fill in a form at the post office and submit it, and all mail to the old address will be delivered to the new address for the period of one year. |

*Take notice that gas fittings for town gas are different from those for propane gas.

*It is convenient to pay the bills for electricity, gas and water supply by automatic money withdrawal from your bank or post office account.

*Go to the Nagasaki City Hall and have your certificate of alien registration address and National Health Insurance card address changed within 14 days after moving in.

★ Procedures following changes of address

Submit “Notice of Address & TEL/Change of Address &TEL” to the International Student Exchange Division(RYUUGAKUSEIKA)→page139

Moving into Nagasaki City : Go to the Nagasaki City Hall and have your certificate of alien registration address and National Health Insurance card address changed within 14 days after moving in.

Moving out of Nagasaki City (or Nagasaki Prefecture) : Go to the municipal office of the city, ward, town or village and submit a notification regarding the move.

- Guide to renting a private apartment (made by the International Student Exchange Division(RYUGAKUSEIKA))

In order to help international students rent a private apartment, the International Student Exchange Division has set up the following system, in collaboration with the Nagasaki International Association and real estate agencies in town. We hope this system will facilitate your apartment-hunting.

- ① Before you start to look for a private apartment, please come and see us at the International Student Exchange Division first.



- When you rent a private apartment, you need a guarantor. You could request your advisor or someone you know well. You don't have to find a guarantor, if you rent an apartment through "Housing Warranty System for International Students (see page 43)" offered by Nagasaki International Association.
- Go to a real estate agency or Real Estate Division at Nagasaki University Co-op.
- About Nagasaki-chiiki Ryugakusei Kaikan (Please see Page 43),ask at the International Student Exchange Division.



- ② Sign your lease.

In case you use "Housing Warranty System for International Students" fill out the form to ask the Nagasaki International Association to be your guarantor. If the form is not available at the real estate, get it at the International Student Exchange Division(RYUGAKUSEIKA).



"Comprehensive Renter's Insurance for Foreign Students Studying in Japan" The annual premium is ¥7,500, ¥4,000 of which will be paid by Nagasaki University International Student Support Society. The period covered is one year. You need to renew this insurance every year. There was a case of an un-insured international student who had to pay a large amount of compensation for leakage trouble. We urge you to take out this insurance. This is a requirement to ask the Nagasaki International Association to be your guarantor.



- ③ To take out a policy in "Comprehensive Renter's Insurance for Foreign Students Studying in Japan," get the money deposit form, deposit ¥7500 at a post office, and bring the receipt, two copies of your lease, and one photocopy of your student ID card to the International Student Exchange Division.

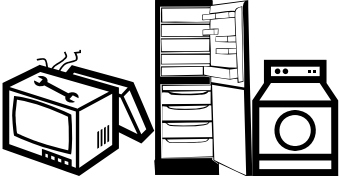

- ④ Financial aid for privately-financed international students

Nagasaki University International Student Support Society offers once-only financial aid to privately-financed international students to the value of ¥10,000 for rent and ¥30,000 for the realtor's fee. Those who would like to take advantage of this assistance, apply at the International Student Exchange Division. Be sure to bring the lease agreement and receipt of rent and realtor's fee.

- Trash Disposal (in case of Nagasaki City)

There are rules for trash disposal. Be sure to follow them. It will be a great inconvenience to your neighbors if you do not dispose of your garbage at the appointed location, time and day. Trash must be disposed using the designated bags which can be purchased in supermarkets. In Nagasaki City, basically you have to sort trash into 4 types, i.e., burnables, unburnables, plastic containers and wrappings, and recyclable garbage. Please note that the rules of trash disposal have slightly changed in April, 2004, in Nagasaki City. Become friends with your landlord and neighbors and ask them if there is anything you need to know to avoid any trouble. Please be sure to know well the rules of trash disposal in your city or town because they differ in each city or town.

| Garbage Classification | Date of Disposal | Remarks |
|---|---|---|
| <p>Burnable</p> <p>Kitchen waste, clothes, blankets, bedclothes (small) Used oil (pour oil into paper or cloth for disposal) Waste paper nappies and used sanitary towels (wrap in paper before disposal) Paper, wood, bamboo (break into 1m sized pieces then bundle)</p> <p>Old paper</p> <p>Corrugated cardboard Newspapers, leaflets, books, magazines (bundle with string by each item, not using designated bags) Milk cartons (clean and then return to store, or bundle and dispose with magazines)</p> | <p>2 times a week on the appointed day, before 8:00 a.m.</p> <p>The first collection day every week</p> | <p>Put in an assigned red plastic bag.</p> |
| <p>Unburnable</p> <p>Aerosol cans, gas cans (<u>confirm the can is empty and make a hole on the surface of it at an airy place with nothing to start fire, and then dispose.</u>) Metallic goods Small domestic electric appliances (vacuum cleaners, toasters, video players, radio cassette players, rice cookers, irons, fans, etc.) Video tapes and cases, cassette tapes and cases Special processed bottles, etc. (cosmetic and pharmaceutical containers) Broken fluorescent lamps Ceramics and glass (except for bottles) Razors and needles Hangers, vinyl string Toys Others (basins, rubber goods, umbrellas, pocket warmers, shoes, boots, light bulbs, bottle caps)</p> | <p>Once a week on the appointed day, before 8:00 a.m.</p> | <p>Put in an assigned blue plastic bag.</p> |
| <p>Plastic containers and wrappings</p> <p>Instant noodle containers Food packs and egg containers Shampoo and washing liquid containers Wrappings Styrofoam Yogurt, pudding containers Plastic bags</p> | <p>Once a week on the appointed day, before 8:00 a.m.</p> | <p>Put in an assigned yellow plastic bag.</p> |

| | | |
|---|---|--|
| <p>PET bottle tops Plastic tubes Medicine packaging (for pills and capsules) Shock absorbing materials</p> | | |
| <p>Recyclable garbage Empty cans, empty bottles, PET bottles (Remove lids and rinse cans and bottles. Oil bottles to be disposed with plastic items using yellow bag.)</p> | <p>Once a week on the appointed day, before 8:00 a.m.</p> | <p>Put in an assigned green plastic bag.</p> |
| <p>Batteries</p> | <p>For standard batteries, put into a red bin allocated at the unburnable garbage collection points. For other batteries such as mercury batteries, nickel batteries and lithium batteries, please return them to the place of purchase, because the city cannot collect them.</p> | |
| <p>4 items of Household electrics</p>  | <p>Please pay the recycling fee for TVs, air conditioners, refrigerators, and washing machines to the store where you buy the appliance; there is an appliance recycling law in effect. If it is not clear where the appliance was purchased, or if it is too far away please call one of the following numbers: Nagasaki Electronics Industry Association transaction desk (Nihon Tsuun Co. Nagasaki Branch Electrical Appliance Recycling Center) 095-826-1182, toll free 0120-028902. Or you can call Best Service Transaction Desk (Best Denki Nagasaki Service Center Tel. 0957-26-7041).</p> <p>Recycling fees are as follows: TV-2,700 yen, air conditioners - 3,500 yen, refrigerators - 4,600 yen, washers - 2,400 yen (sometimes these fees vary by manufacturer)</p> | |
| <p>Large size garbage</p>  | <p>For other large-sized garbage such as furniture, bedclothes, other electric appliances, bicycle, carpet and so on, please ask the Eisei Kosha (Sanitary Public Corporation) to collect them (TEL 095-844-4599), and then put them outside with a sticker. The sticker is sold at bank or post office by ¥500 or ¥1,000 depending on the size of garbage.</p> | |
| <p>Personal Computers</p> | <p>Please contact your computer manufacturer or dealer for disposal procedures. (including the mouse and keyboard, excluding printers)</p> | |

11 Volunteer Groups for International Students and International Exchange Groups

• Local Volunteer Group for Japanese Teaching

(February 2006)

| Name of Organization | Description of Activities |
|--|---|
| Junshin College of Nagasaki Language Culture Center | Japanese classes are held every Saturday from 10:30 a.m. to noon at the Esumi Memorial Hall in Junshin High School in front of the back gate of Bunkyo Campus, Nagasaki University. The term is one year, with the first semester is from April to July, and the second semester is from October to January. The fee is 1,000 yen per month for teaching materials. There are two courses: the beginners' course and the intermediate course. For further information, contact Ms. Kubo at Junshin College. TEL 095-846-0084. (E-mail:gengo@n-junshin.ac.jp) For the location, please see the map on Page143 ③ |
| Kwassui Women's College Society for study of Japanese language education | Japanese classes are held every Wednesday from 6:30 p.m. to 8:00 p.m. at Kwassui Women's College Higashi Yamate campus, (For the location, please see the map on Page 147 ⑱). Two courses of 10 classes each are held from April and October. Tuition is free but fee for the text is necessary. There are 4 levels. For further information, contact the office of Modern Japanese Culture Department of Kwassui Women's College (TEL 095-825-7091) or Mr. Watanabe (e-mail watanabe@kwassui.ac.jp). |
| Nihongo Network in Nagasaki | Japanese classes are held every Saturday from 2:00 p.m. to 3:30 p.m. at the Nagasaki-ken Sogo Fukushi Center in Mori-machi. Three courses are held in April through July, September through December and January through March. The tuition fee is 1,000 yen for each course and each month. There are two courses: the beginners' course and the intermediate course. For further information, contact Ms. Nishikubo (TEL 095-821-6454) a member of this group. (For the location, please see the map on Page145⑥) |
| International Affairs Section (KOKUSAIKA) at the Nagasaki City Hall, Chikyu-Shimin Hiroba Japanese Lessons for Beginners | In this class students learn Hiragana, Katakana, introduction of Chinese characters, and Japanese conversation required in daily life. Tuition fee is not required but about 2,000 yen is necessary for learning material cost. The place is Chikyu-Shimin Hiroba at the Nagasaki Brick Hall 2nd floor (Nagasaki-shi Mori-machi 2-38, please consult the map on page 145⑦) . For further information and application, contact the International Affairs Section (KOKUSAIKA) of the Nagasaki City Hall. TEL 095-829-1113. For schedule, please see the internet website, http://www1.city.nagasaki.nagasaki.jp/kokusai/index.html |
| Irohajuku | This class is held every Wednesday from 7:00 to 8:30 in the afternoon. New classes start four times a year, in April, July, October and January. You need to pay 100 yen for teaching materials each time. Its location is Kenmin Volunteer Katsudo Center's conference room (In the Dejima Koryu kaikan, next to the Nagasaki Prefecture Art Museum) . Irohajuku has a service to introduce Japanese tutors. Please access Irohajuku homepage for details. http://www.geocities.jp/iroiroidrohajuku/ |

- Supporting Organizations for International Students in Nagasaki University

★International Exchange Circle “AMIGO”

AMIGO is a circle of Nagasaki University students, They interact with international students through various kinds of activities and events. Their activities are as follows:

- Welcome party (in April and October)
- Tanabata (Star Festival) party
- Movie watching party
- Help for your Japanese learning and assignment, etc.



Welcome party held on October, 2005

They announce the schedule of their activities on the bulletin board at International House, International Student Exchange Division, International Student Exchange Plaza. Please join them. For more information, please contact Ms. Nagai of International Student Center, the advisor of this circle (TEL: 095-819-2239).

- Local Volunteer Groups to Support International Students

★Kokusai Koryu Juku

It was established in 1992 as one of the study groups by the Nagasaki Denshujo of which principal was the Nagasaki mayor. Now it is an independent citizens' group. Basically both foreigners and Japanese who have similar interests plan and carry out various activities together. There are various groups like Badminton Club, Ping Pong Club, “Lets Play Chess,” Mountain Climbing Group, the Japanese Dance Group, and, Let's play Chess, and an arts and crafts group. Furthermore, they plan many events, for instance, going to the beach or mountains to enjoy together. Anyone can attend these groups at any time. Information on their activities are publicized on their newsletter presented on a bulletin board in the International Student Center. For more information, contact Chikyukan TEL 095-822-7966.

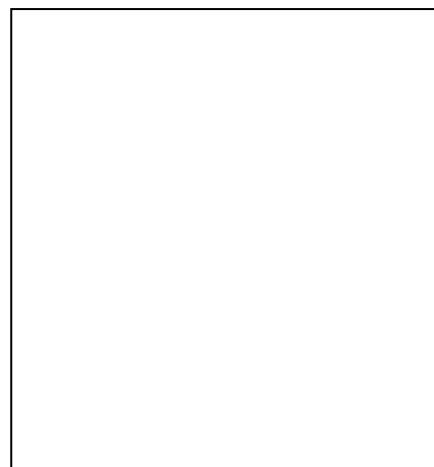
★Higashiyamate “Chikyukan”

(For the location, please see the map on Page 147 ⑱).

This is mainly operated by Kokusai Koryu Juku, and its activities are as follows:

★World foods restaurant

Foreigners living in Nagasaki take turns making their countries' food, and serving it to guests for lunch at the Chikyukan. Up till now, there have been over 60 countries represented, including India, Mexico, Argentina, China, England, Holland, Malaysia, and Korea. Through this program, the people of Nagasaki are able to experience other cultures, and taste good food. If you are interested in sharing your native country's food, please give them a call. (You even get a reward!)



Chikyukan: This building is a cultural asset nominated by the Nagasaki City, and lent to Higashiyamate “Chikyukan”.

* Information network

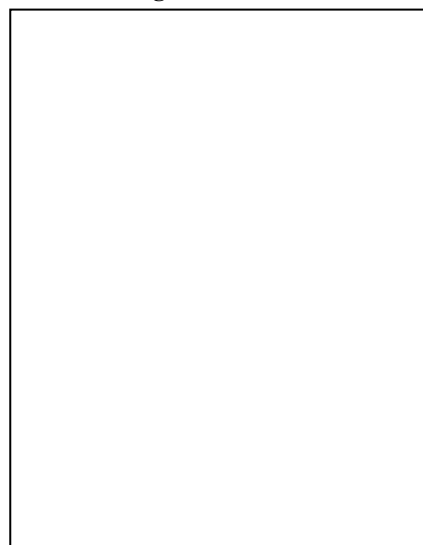
They provide or exchange information for international exchanges and international education. Contact Chikyukan TEL 095-822-7966, e-mail chikyukan@h2.dion.ne.jp

Website: <http://www.h3.dion.ne.jp/~chikyu>

★Nagasaki International Association

There are various international Exchange and cooperation events being held here.

- * Information regarding international exchange and cooperation.
- * International understanding and exchange events.
- * Information regarding tourism, culture, and life in Nagasaki.
- * Lending of books, language books, CDs, videos, and novels.
- * Creation and distribution of informational pamphlets.
- * International Newspapers
- * International student scholarship system.
- * Nagasaki area international student registration system.
- * National Health Insurance Financial Aid.



Contact : Tel. 095-823-3931

Hours: Mon~Fri – From 9 to 5:30

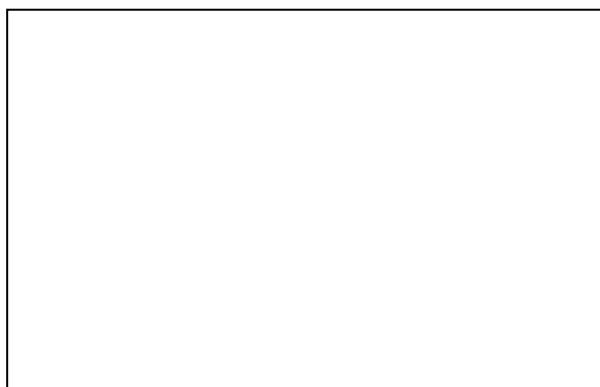
Location: In the Dejima Koryuu Kaikan (Map on p.147⑩)

Homepage : <http://www.nia.or.jp>

★NIC (Nishi-machi International Club)

The club was set up in September 1992. They give support and advice in all aspects of daily life to families of international students so that they can easily adjust to Japanese life and enjoy themselves. Most of the members are Japanese housewives. Regular meetings are held every Wednesday at a seminar room in Nagasaki University Nishimachi Kokusai Koryu Kaikan. They enjoy introducing their home countries and their dishes, making handicraft, having parties, going on picnics, playing music, making field trips, giving daily life advisement etc. Through all these activities they make friends each other and their Japanese language ability improves. Anyone who has any concerns in the new life in Japan and who wants to have friends is welcome any time. Please contact NIC.

Contact : Ms. Mitsuko Takita (Representative)
TEL&FAX: 095-856-0544
e-mail: m-takita@mth.biglobe.ne.jp



★Chikyu-Shimin Hiroba (In the Nagasaki Brick Hall)

For foreigners and Japanese living in Nagasaki, this Hiroba provides various kinds of information. They also have Japanese language class, consultation program, etc.

- * Elementary Japanese class
- * Reading corner
- * Newspapers and magazines in other languages
- * Seminar for International Understanding
- * Personal computer (100 yen per hour)
Printouts for 10 yen (60 yen for color) per page
- * Video booth
- * Message board
- * Consultations in English or Chinese.
Consultations on visa problems, permanent residence or naturalization once a month

OPEN : 9:00 to 20:00 throughout the year (except Dec.29th-Jan.3rd)

For more information, contact Chikyu-Shimin Hiroba TEL 095-842-3783, or see the Nagasaki City International Information URL.

<http://www1.city.nagasaki.nagasaki.jp/kokusai>

For the location, please see the map on Page145 ㊦



Chikyu- Shimin Hiroba

12 Nagasaki University Gaikokujin Ryugakusei Koenkai

The Nagasaki University Gaikokujin Ryugakusei Koenkai was founded in December 1985 to support international students. The Koenkai is carrying out various support projects using funds given by a large number of people.

★Subsidy to join “Comprehensive Renter’s Insurance for Foreign Students Studying in Japan”

This insurance covers possible fire, water leakage, and damage, which you have responsibility for, in your residence. The annual premium is ¥7,500, ¥4,000 of which will be paid by Nagasaki University Gaikokuuin Ryugakusei Koenkai. The period covered is one year. The renewal date will be posted on notice boards. Make sure to update it.

Please see the flowchart of renting private housing in Page47.

★Subsidy to join accident insurance

This insurance covers possible compensatory payment if you hurt others or damage others’ properties by accident. It will also pay for air fare and accommodation fees if one of your family members has to come to Japan because of your accident or illness, etc. The premium will be subsidized by the association. To take out this insurance, visit the university Co-op.



★Subsidy to join Nagasaki University Co-op

If you want to join the above mentioned accident insurance, you must join the university Co-op first. The association will pay all the required investment money for you to become a member of the organization. All the Co-op members have a benefit of 10 percent discount for books.

★Subsidy for housing rent and realtor’s fee for international students on private expense

The association will pay 10,000 yen just for once for your housing rent and up to 30,000 yen for your realtor’s fee just for once.

Procedure

Take out the accident insurance and become a member of the University Co-op at the General Office of the University Co-op. (The office is co-op shop 2F) Details will be explained at the orientation for international students in April and in October. For more information on Koenkai’s support projects, please contact the International Student Exchange Division (RYUGAKUSEIKA). For the location of the University Co-op, please see the map on Page152 ⑤.

13 The University Co-op

Each campus has a store and a cafeteria operated by the University Co-op. You can buy various things at their stores: books, stationary, electric appliances, personal computers, cellular phones, international telephone cards, things for daily use, music CDs, postage stamps, post cards and so on. In addition, you can send a fax, make photocopies, develop and print photographs. Business hours of each store are as follows:



| Name of Campus | Name of Store/Cafeteria | Phone No. | Business Hour |
|----------------|---|--------------|--|
| Bunkyo | Bunkyo Store (2F) | 095-845-5887 | Mon. thru. Fri. 9:30 a.m. to 6:00 p.m. Closed on Sat. |
| | Bunkyo Store (1F) | 095-847-6904 | Mon. thru. Fri. 8:15 a.m. to 7:45 p.m. Sat. 10:00 a.m. to 2:00 p.m. |
| | Cafeteria For the location, please see the campus map on Page 152 ⑥) | 095-847-1569 | Breakfast (Set menu): Mon. thru. Fri. 8:15 a.m. to 10:00 a.m. Buffet: Mon. thru. Fri. 11:30 a.m. to 7:15 p.m. Noodles: Mon. thru. Fri. 10:00 a.m. to 3:00 p.m. Sat. 10:30 a.m. to 1:30 p.m. Lunch (Daily lunch special): Mon. thru. 11:30 a.m. to 1:00 p.m. Sat. 11:30 a.m. to 1:30 p.m. Supper: Mon. thru. Fri. 5:00 p.m. to 7:15 p.m. |
| Sakamoto | Store in School of Medicine | 095-849-7159 | Mon. thru. Fri. 8:30 a.m. to 7:00 p.m. Sat. Noon to 3:30 p.m. |
| | Cafeteria in School of Medicine | | Mon. thru. Fri. 11:00 a.m. to 7:00 p.m. Closed on Sat. |
| | Store in School of Dentistry | 095-849-7755 | Mon. thru. Fri. 9:30 a.m. to 5:15 p.m. Closed on Sat. |
| | Cafeteria in Faculty of Dentistry | | Set meals and a-la-carte dishes: Mon. thru. Fri. 10:00 a.m. to 2:30 p.m. Closed on Sat. |
| | Store in School of Health Science | 095-849-7977 | Mon. thru. Fri. 10:00 a.m. to 4:30 p.m. Closed on Sat. |
| | Cafeteria in School of Health Science | | Mon. thru. Fri. 11:00 a.m. to 1:00 p.m. |
| Katafuchi | Store in Faculty of Economics | 095-820-2924 | Mon. thru. Fri. 10:00 a.m. to 7:40 p.m. Closed on Sat. |
| | Cafeteria in Faculty of Economics | | Mon. thru. Fri. 11:00 a.m. to 2:30 p.m. Closed on Sat. |

-Services by the Co-op

★ Books, magazines and other media, etc.

If you have a Co-op member's card, you can buy books and magazines at 10% discount, CDs at 20 % discount. DVDs and videos at 10% discount. You can order foreign books, too.

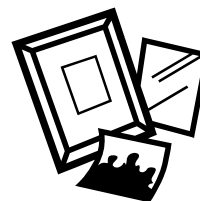


★ Arrangement of tickets and travel

They arrange reservations for domestic and international air tickets, JR tickets, high-way bus tickets and hotel bookings, and provide advice concerning your travel plans. They sell discount air tickets except at the School of Dentistry and School of Health Science stores. You can purchase an IC card (smart card), a pass with prepaid credit which is good for six bus services in Nagasaki. Coupon tickets (kaisu-ken) for streetcar are also available.

★ Development and print of photos

They develop and print photos, and develop films for photographic slides. They also take an order of business cards and post cards. There is a photo machine outside of the Bunkyo store for ID photos.



★ Mediation of apartment

They have a list of apartments and help you to find a suitable apartment which meets your request.

★ Cellular phone and PHS

They sell several kinds of cellular phones.

★ Fax service

Fax services for sending anywhere in Japan and overseas are available at the Co-op shop. For 3 minutes, 50 yen for within the city, 100 yen for the area in Kyushu, 200 yen for the area in Japan, outside Kyushu. International charge differs in every country. Overseas fax transmission is available only at Bunkyo Store.



★ Personal computer and software

They sell personal computers, peripheral devices and software. Most software is sold by academic price. You can order the goods if they are out of stock.



★ Home delivery service of parcels and moving assistance

You can send a parcel via a parcel delivery service here. You can also hire professional movers. Moving cost within the city is about 7,200 yen within two hours for one light truck.

★ Credit Card

You can apply for a credit card of VISA and JCB. Please ask at the Co-op for conditions and procedures of application.

★ Rent a car

A car for rent can be reserved at the Co-op. You can choose one from 7 rent-a-car offices.

Nagasaki University Co-op
E-mail address: nuc@ma1.seikyou.ne.jp
Website: <http://ha1.seikyou.ne.jp/home/nuc/>
(Japanese only)

14 University Library

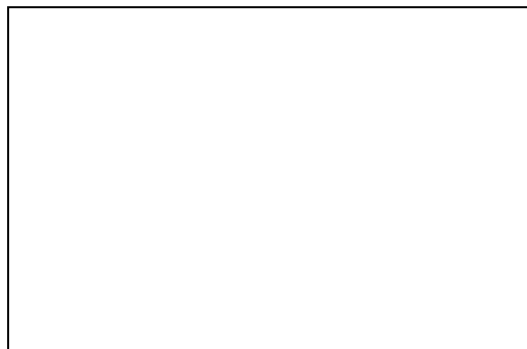
Each campus of the University, the Bunkyo Campus, the Sakamoto Campus (Schools of Medicine and Dentistry), the Katafuchi Campus, has a library.

▪ **Central Library (Bunkyo Campus)**

(For the location, please see the campus map on Page 152⑭)

★ **Entering and Leaving Library**

Front gate is on the second floor. Use the front stairs. Be sure to bring your student ID with you. Scan the barcode of your student ID at the entrance gate, and entrance bar will open. Be sure to complete the procedure for checking out books before leaving the library, or a buzzer will be rung and entrance bar will be locked. If you have some questions, ask staffs at the reception counter.



★ **Business hours**

| | | |
|---------------|---------------------------------------|-------------------------|
| Ordinary time | : Monday through Friday | 8:40 a.m. to 9:45 p.m. |
| | Sunday, Saturday and national holiday | 10:00 a.m. to 5:00 p.m. |
| Vacation time | : Monday through Friday | 9:00 a.m. to 5:00 p.m. |
| | Sunday, Saturday and national holiday | 10:00 a.m. to 5:00 p.m. |

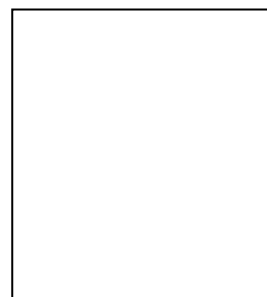
★ **Days the library is closed**

- University foundation day: May 31
- New Year holidays: December 28 through January 4

★ **Checking out books**

You can check out up to 5 books at once for 2 weeks. Penalty of overdue is that you can not check out any books for the same number of days. You can renew the books once for 2 weeks, if no one has reserved them.

- * Check out books at the counter or use “book lending machine” in front of the counter.



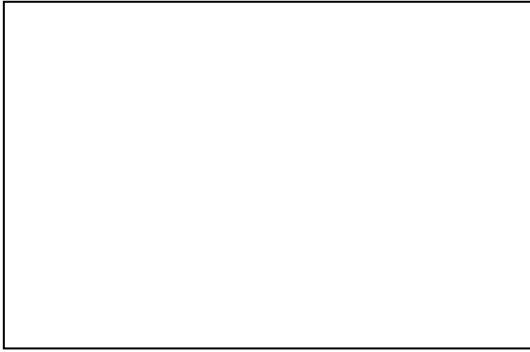
★ **International student book corner and international students priority computers**

The international student book corner is on the third floor. There are Japanese language textbooks, dictionaries, and books on Japanese society and culture in English. Also, at the second floor media solon there are 9 internet connected computers that are reserved for international students.

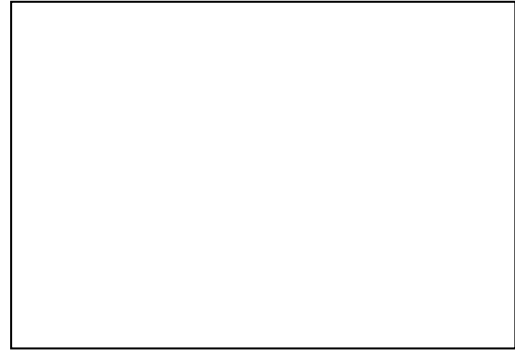
- * Word & Excel of English version and input system for Korean and Chinese are installed in these computers.



The Third Floor international student Book Corner



The Second Floor Media Solon

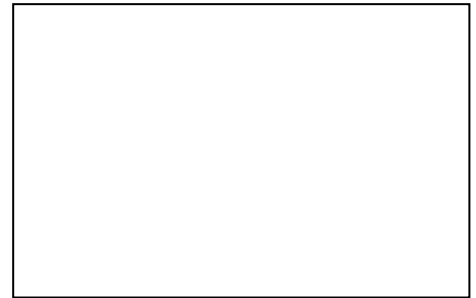


Computers for International Students

★ Information consent room

You can use your own computer in the information consent room on the 3rd floor. (In some cases, LAN card may be necessary if you use a laptop computer.)

* Please read a manual prepared at the entrance before using this room.



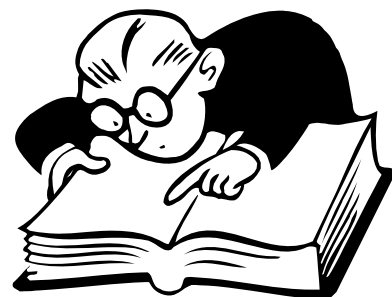
★ Newspapers and CNN broadcasting

newspapers on the following chart can be found at the “media solon” on the second floor. There is also a TV that is continuously showing the American news channel, CNN.



| Newspaper | Publication | Frequency | Language |
|------------------------------|-------------|-----------|----------|
| Japan Times | Japan | Daily | English |
| International Herald Tribune | Japan | Daily | English |
| The Daily Yomiuri | Japan | Daily | English |
| International Press※ | Japan | Weekly | Spanish |
| Chosen Daily | South Korea | Daily | Korean |
| The Sunday Star | Malaysia | Weekly | English |
| The New York Times | Japan | Weekly | English |
| People’s Daily | China | Daily | Chinese |

※ This newspaper is at the Sakamoto Campus library.



- Medical Branch Library (Sakamoto Campus)

★ Business hours

Monday through Friday 9:00 a.m. to 9:00 p.m.
Saturdays, Sundays and national holidays 10:00 a.m. to 5:00 p.m.

★ Days the library is closed

- University foundation day: May 31
- New Year holidays: December 28 through January 4

★ Checking out books

You can check out up to 5 books at once for 2 weeks. Penalty of overdue is that you can not check out any books for the same number of days. You can renew the books once for 2 weeks, if no one has reserved them.

★ Personal computers for international students

There are five internet-accessible personal computers which international students have priority use of.

- Economic Branch Library (Katafuchi Campus)

★ Business hours

Monday through Friday : 9:00 a.m. to 10:00p.m.
9:00 a.m. to 8:00 p.m. during summer vacation
9:00 a.m. to 5:00 p.m. during spring and winter vacations

Saturday : 10:00 a.m. to 5:00 p.m.

Sunday : 1:00 p.m .to 5:00 p.m.

★ Days the library is closed

- University foundation day: May 31
- Sundays and national holidays during vacation
- New Year holidays: December 28 through January 4

★ Checking out books

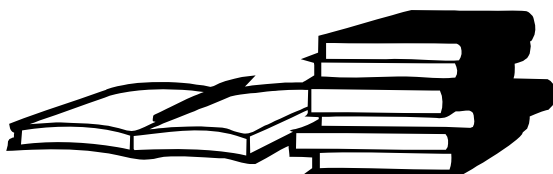
You can check out up to 5 books at once for 2 weeks. Penalty of overdue is that you can not check out any books for the same number of days. You can renew the books once for 2 weeks, if no one has reserved them.

★ Personal computers for international students

There are one internet-accessible personal computers which international students have priority use of.

- Website of Library

URL of website of the University library is <http://www.lb.nagasaki-u.ac.jp> You can use OPAC, electronic journal and the database of Glover Atlas and old photographs in the end of Edo period through Meiji period. You can also use other databases to help your study.



15 International Student Center

The Center was established in May 1996 as a joint facility for Nagasaki University's campus-wide education and academic research. The Center offers Japanese language courses and provides useful information and advice for the international students on their daily life and study. At the entrance hall of the Center, there is a bulletin board for various information. There are Japanese, English and Chinese newspapers and magazines.

For the location, please see the campus map on Page152⑰.

- Japanese language programs

The Center provides various kinds of Japanese language programs. The students who want to attend one of these Japanese language classes have to make an application and to take a placement test.

★ Intensive Japanese program

The program provides 6 months intensive training on the Japanese language and culture. This program is offered to all the international students at Nagasaki University. There are 2 levels; the elementary level and the intermediate level.

★ General Japanese program

The program provides Japanese language classes for graduate school students, research students, scholars from abroad, etc. There are various kinds of classes ranging from the introductory to the advanced. New classes start in April and in October.

★Nagasaki University International Student Center Japanese Language Program for Exchange Students (NIJALP)

Nagasaki University International Student Center offers Japanese language classes for undergraduate international students from Nagasaki University's affiliated overseas universities. This is a one-year program(October to next September).

* Besides the above mentioned programs, we have Japanese language classes for regular undergraduate students. If the class has any vacancy, any international students can also apply for it. In every April and October a new class starts.

We also have Japanese language classes for NISP students, who are from the affiliated universities and who stay in Nagasaki for one year.

* See our brochure," Information on the International Student Center" for more information.

- International Student Center homepage

This homepage has lots of information, for example, announcement about Japanese Language Programs and various events. This is renewed every week. Visit ISC homepage.

<http://www.is.nagasaki-u.ac.jp>

- Advising

The teaching staff members of the International Student Center are pleased to help any international students solve their academic as well as daily life problems or concerns. When you have a problem but don't know to whom you should ask about it, or when you need any kind of information, just visit any one of the six teaching staff members at the International Student Center. Each teaching staff has his/her office on the second floor. If it is inconvenient for you to come to the Bunkyo Campus, make a phone call or send an e-mail. Name, phone number and mail address of each academic staff are listed below:

| | | |
|------------------|--------------|-------------------------------|
| Takano Yasukuni | 095-819-2241 | ytakano@net.nagasaki-u.ac.jp |
| Shimazu Taku | 095-819-2238 | |
| Nagai Chikako | 095-819-2239 | nagai@net.nagasaki-u.ac.jp |
| Matsumoto Kumiko | 095-819-2242 | kumiko-m@net.nagasaki-u.ac.jp |
| Matsumura masaki | 095-819-2253 | masaki@net.nagasaki-u.ac.jp |
| Tada miyuki | 095-819-2240 | miyut@net.nagasaki-u.ac.jp |

- Computer Room

The International Student Center has a computer room for the purpose of learning Japanese language. Use this room for writing a report or a paper, and presentation materials as well as general documents. You can not access the Internet. This room can be used any time as far as it is not used for a class. If you want to use it, ask one of the teachers or at the International Student Exchange Division, as it is usually locked.

- Conversation Partner Program

Through this program, the international students and Japanese students will be able to have opportunities to communicate with each other, mainly in Japanese, at a convenient time and place. Make a registration for this program, and then your partner will be introduced to you. If you want to improve your Japanese and/or you want to make friends with Japanese students, please ask Ms. Matsumoto of the center.

- Newsletter by International Student Center in Nagasaki University

It is issued in March and September. The articles are information on new Japanese classes started in April and October, useful information for international students, and reports written by international students, etc. It is on the table at the entrance hall in the Center.

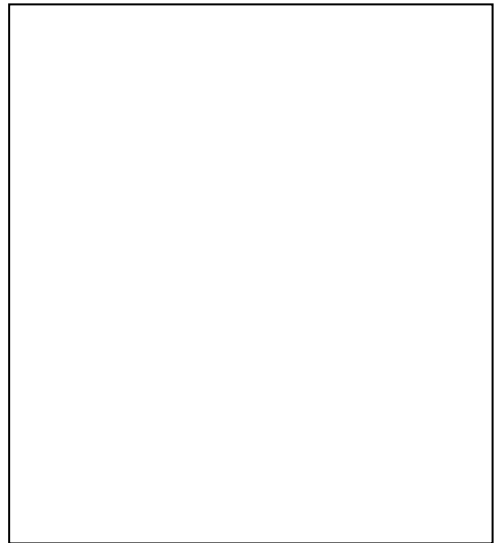


16 Consultation

▪ When You Are in Trouble

Welcome to Nagasaki. How is your life in Nagasaki? We hope you enjoy your stay here. However, you may find your life in Nagasaki and the University a little different from what you had imagined and you may be confused. There may be times when you are in trouble and need some advice. The common sense in your country may not be the common sense in Japan. We can not tell which is right, and we should have some consideration for others and respect the difference.

Do not hesitate to visit us when you are in trouble or you want to have a talk with someone. There are many people willing to help you. Don't keep your problems to yourself. Ask someone for advice.



★ **Make a list of people you know**

When you are in trouble or
When you need some advice

————— If you don't know whom you
should ask

There are many different places that you should try asking for help.

- * Ask your academic advisor for advice.
- * Ask other people at your research lab.
- * Ask at the International Student Exchange Division(RYUGAKUSEIKA).
(see Page 19)
- * Ask the International Student Center teachers. (see Page73)
- * Ask your friends who also come from abroad for advice.
- * Ask your tutor for advice.
- * Visit the Student Counseling Room in the Student Support Center.
(see Page23)

Write the names and addresses of your advisors on your address book.

- Help with sexual harassment

If you feel uncomfortable talking to student councilors about any sort of verbal or physical sexual harassment by staff or students, there are sexual harassment councilors in each department. Please inquire at the Student Counseling Room(See page23).

- Help with mental health

At the health Administration Center (See page 87)there is a councilor that can help with anyone's physical, mental, or physiological concerns.

For details, call the Health Administration Center at 095-819-2213. You can also seek help at the Student Counseling Room(See page 23).



Student Counseling Room Intaker (consultation receptionist)
Direct phone : 095-819-2106 FAX : 095-819-2107
E-mail address: nandemo@ml.nagasaki-u.ac.jp

- Do you know we have a tutorial system?

The tutorial system will help you to facilitate learning or researching in Japanese universities. Your tutor will support you in your daily life, too. Tutors will be paid by the university.

★ Period

Undergraduate international students : First two years

Graduate international students : First one year

* Japanese government scholarship students with the embassy recommendation, who take Japanese intensive program at the International Student Center : tutors will support you for 1 year after finishing the intensive program.

* Nagasaki University International Student Program (NISP),Nagasaki University International Student Center Japanese Language Program for Exchange Students (NIJALP) : tutors will support you for 1 year.

17 Health Issues

Japan is located in a temperate zone with a mild climate, but there are still 4 different seasons. The change of the seasons bring a temporary great change in the temperature, which makes it easier to get sick. In the case that any of you, who are all far away from home, gets sick, injured, or has an accident, what to do and where to go can become a problem. This section will explain how to get insurance, the medical fee aid system, and the medical services available on campus.

- The Japanese Medical Insurance System

When you seek medical treatment at an institution such as a hospital or clinic, there is a chance that you may incur unthinkably high medical costs. For example, a visit to the doctor for a light cold might cost you 5,000yen, and a cavity filling might be several hundred thousand yen. A case of appendicitis that puts you in the hospital for the week can cost upwards of 200,000yen, and a more serious illness or injury that keeps you hospitalized for a month could cost you almost 1,000,000 yen. Any one of these costs could clearly become a significant financial burden.

To help with these medical costs, there is a medical insurance system in Japan that spreads the fees over the national and regional governments and business offices, as well as personal payments. There are two major classifications for health insurance:

①Health Insurance...This is for employees of companies and business offices.

②National Health Insurance...This is for those people who do not have above

①insurance.

In addition to these, there are insurance cooperatives that target people like public officials, and school employees. There are also things like special insurance for sailors.

All international students are to be enrolled in the National Health Insurance program②. Saying that you will not get sick, or do not have enough money to pay for the insurance is no excuse. Everyone needs to register for this insurance.

- The National Health Insurance System

★Enrollment: All international students who stay in Japan for a period longer than one year are required to enroll in the National Health Insurance system. If your resident status is as an college student (Ryugaku), even if you are in Japan less than one year you can enroll in the national insurance system. With this insurance, you only need to pay 30% of the cost of your medical treatment.

| | |
|--|--------------------------|
| Amount covered by National Health Insurance: 70% (Insurance claims are made by the medical institution) | Amount that you pay: 30% |
|--|--------------------------|

★Enrollment Procedures: You can enroll by going to the National Health Insurance office at Nagasaki City Hall. It is a good idea to enroll when you go to City Hall to apply for your Alien Registration Card. They will send your insurance card to you in the mail. If the head of a household enrolls the entire family in the insurance system, the other members of his or her family will also be covered.

★Insurance Fees : Insurance fees differ depending on where you live and your income level, however for the average international student it costs about 14,000 yen per year. Scholarships do not count as income, but if you earn over 980 thousand yen a year at a part time job your premiums will go up to 47,000 yen. Any income below 980 thousand yen will qualify you as having low income giving you a 70 percent reduction on your insurance costs, bringing your fees down to roughly 14,000 yen.

★Important! The National Health Insurance Tax Declaration Card:

Towards the end of January, you will be sent a “National Health Insurance Tax Declaration Card” (to declare that you have no income etc.) in the mail. If you do not turn this card in, starting the next financial year, starting in April, you will be charged a much higher insurance premium.

Every year there are several students who forget to do the aforementioned paperwork, get charged for a high insurance premium, and end up having to come to the International Student Exchange Division.

★Important! What to do if you get charged high medical fees:

If you get charged high medical fees for hospitalization or any other treatment, there is a system where the National Health Insurance will pay you back some of the money that you pay out of pocket. This only comes into effect when the same person, in the same month, at the same medical institution pays an amount of money that goes over the maximum amount that you are expected to pay themselves. If you are not paying any residential tax as an international student, your maximum personal payment is set at 35,400 yen. For example, if in any given month you pay 100 thousand yen in medical fees, 64,600 yen will be returned back to you. The year long period for National Health Insurance ends in August, and residential tax is determined on January the first ,every year. In short, a student who comes to Japan in April or in October will be seen as paying residential tax until the next July. For example, if a student who comes to Japan in April gets an 100 thousand yen medical bill in October, they will not be seen as having no income, and they will only get 27,700 yen back. However, if that same student gets an 100 thousand yen bill the next year in October, they will be seen as paying no taxes, and their maximum payment will be reduced to 35,4000 yen. Consequently that student would get back 64,600 yen.

If you are charged with high medical fees, please be sure to consult with the International Student Exchange Division before you pay. The food charge while hospitalized is not covered under the National Health Insurance program. Also, the medical fees associated with a normal pregnancy are usually not covered under insurance, so please be sure to check.

★Situations where National Health Insurance cannot be used:

National Health Insurance cannot necessarily be used at all hospitals for all occasions. The following are some examples of medical procedures that are not covered:

- ①Medical procedures outside what is covered, special private and special two person rooms, and material costs
- ②Medical check-up
- ③Immunization Shots
- ④Cosmetic Surgery
- ⑤Orthodontic Procedures
- ⑥Normal pregnancy and delivery / elective abortions.
(If there are complications during delivery, insurance can come into effect)
- ⑦Work related injuries

★Lump-sum allowance for child birth and nursing: If a member of the National Insurance Program gives birth to a child, you can get Lump-sum allowance for child birth and nursing about 300,000 yen. For information on applying for this, please look at the “family” column on page 96.

★Notification of changes, or returning to your home country: If you have any changes such as change of name, head of household, or address, you need to inform the National health insurance office at city hall within 14 days. When an exchange student goes home, he/she needs to go to the insurance office and to balance their insurance payments. You can do this up to two weeks before you return home, so you should do this as soon as possible. For details, please reference the section on returning to your home country on page 84.

• The JASSO Medical Financial Aid Program:

For international students who are enrolled in the National Health Insurance Program and who pay medical fees to a Japanese medical institution that accepts insurance, JASSO has a system that will help to pay a portion of those medical expenses.

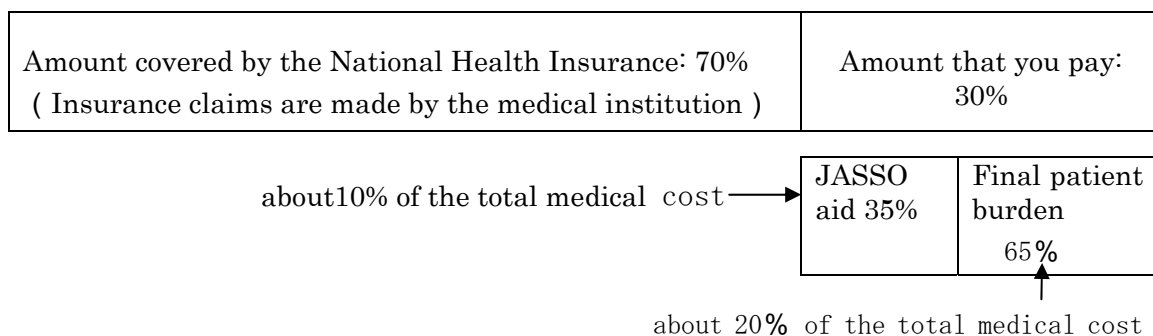
★Eligibility for the program: Only International students who are enrolled at a university etc. and who have a residential status of college student (Ryugaku). This does not cover the student’s family.

★Covered medical fees: The following cannot be covered under the financial aid program:

- ① Medical procedures outside what is covered, special private and two person rooms, and material costs.
- ② Medical check-ups, immunization, cosmetic surgery, and orthodontics.
- ③ Normal pregnancies or elective abortions.
- ④ Written certificate (physician’s statement of medical treatment etc.)/ container fees, or the first time patient charge.
- ⑤ Fees incurred at medical institutions not approved by the National Health Insurance program.
- ⑥ Traffic accidents (It is usually the responsibility of the party at fault, but if there are medical fees covered by insurance, sometimes they are eligible for JASSO aid.

★Financial aid amounts

Financial aid covers 35% of the portion paid by the patient (30% of the total medical fees) when these fees are incurred at an acceptable medical institution. In the end, the amount paid out of pocket is reduced to only about 20% of the original fee. (Starting in April, 2006 the amount covered was lowered from 80% to 35%)



★ Applying for financial aid:

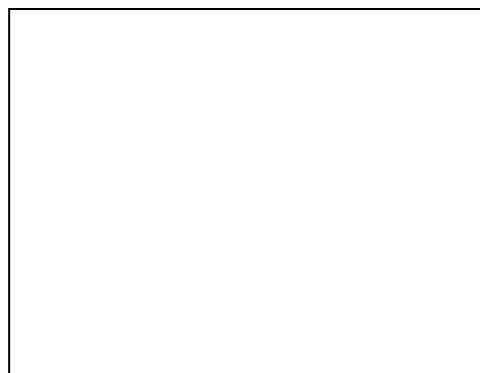
- ① At the medical institution, show your National Health Insurance card get the treatment. After that, pay the 30% of the total medical fee and get a receipt. Make sure that your name, the insurance information, and the treatment points are all written on the receipt. Make sure that you specifically ask for the treatment points(Shinryoutensu).
- ② Bring the receipt and your insurance card to the International Student Office, and fill out the application for financial aid. You can apply for aid up to ten months after the medical procedure. If it is your first time applying, please be sure to bring your bank book.
- ③ After applying, the reimbursed money will be deposited into your bank account, It will take about two months.

▪ Partial Subsidy of National Health Insurance

The Nagasaki International Association (see Page 57) gives a partial subsidy for the National Health Insurance to privately financed international students who will stay in Japan for more than one year. The amount of subsidy is 6,500 yen (only once). Information will be posted on the bulletin boards of International Student Exchange Division and each faculty in June.

▪ Health Administration Center

Inquire at the Health Administration Center in the University for any illness, injury and other health problems. You can see a doctor and get some medicine. Also, they offer an annual health examination for students. Especially, be sure to get the first health examination after entering the university. The result can sometimes be used when applying to take the entrance exam for the postgraduate course as well as in other cases.



Health Administration Center (Bunkyo Campus)

★ Location and business hours of the Health Administration Center

| | Location | Business hours with Doctors' Consultation |
|-----------------------------|---|--|
| Bunkyo Campus | * For the location, please see the campus map on Page 152 ㊟ | Internal medicine : Mon. thru Fri. 14:00 to 16:00 Gynecological consultation hours: every other Wednesday 14:00 to 16:00 mental health : Tue. 9:00 to 17:00 Thur. 9:00 to 17:00 Fri. 14:00 to 17:00 Dental consultation hours: Tue. 14:00 to 16:00 |
| Sakamoto district branch | International House Sakamoto Kaikan 1F | Internal medicine: Mon. 12:30-16:30 Fri. 8:30-12:30 |
| Faculty of Economics branch | Main building 2 F In front of lavatory | Internal medicine the 2 nd and the 4 th Wednesday 14:00-16:00 |

* Doctors are not available for consulting while they are busy with regular checkups and other work.

* Nurses counsel as follows.

| | |
|-----------------------------|------------|
| Bunkyo Campus | |
| through Monday to Friday | 8:30-17:30 |
| Sakamoto district branch | |
| Monday and Friday | 8:30-17:30 |
| Faculty of Economics branch | |
| Wednesday | 8:30-17:30 |



★Recommendation of hospitals and clinics

There are many hospitals and clinics in the city. If you do not know which hospital or clinic you should visit, ask at the Health Administration Center.

Sometimes the hours for Health Administration Center change. Please call 095-819-2213 to verify times.

▪ Municipal Health Center

Those, like research students, who can not get an annual health examination at the University Health Administration Center can go to the Chuo Hoken Center (TEL 095-829-1154, for the location, see the map on Page 147 ㊸) or Kita Hoken Center (TEL 095-845-5151, for the location, see the map on Page 145 ㊹) for a health examination.

▪ Emergency Medical Care

★ **Call for an ambulance** → call 119

★ **Nighttime Emergency Medical Center**

Nighttime Emergency Medical Center treats emergency case, such as sudden fever, stomachache, injury, etc. in the nighttime.
See “Emergency” on Page 133 for detail.

★ **For Emergency Medical Care in daytime on Sun., National Holidays, New Year Holidays**
See page 133 .

18 Leaving Japan

- Procedure

This section covers the procedures to be required before going back to your country after finishing your study.



★Submission of Returnee Card(International Student Information card)

Submit International Student Information card on which your home address and contact address after leaving Japan are filled in so that the University can follow up you after you go back to your country. The form is available at the International Student Exchange Division (RYUUGAKUSEIKA).

See the Forms on Page 140.

★Return of the University Co-op member's card

Return it to the International Student Exchange Division.

★Return of the Permission of Non-Academic Activities(shikakugai kyokasyo)

Return it to the International Student Exchange Division.

★Cancel contracts of electricity, gas, water, phone, cellular phone, etc.

Be sure to cancel contracts of electricity, gas, water, phone, cellular phone, etc. When the date of leaving your house is determined, contact the companies to ask how to pay for the last month's charge.

Disposal of large-sized garbage

See page51 "Trash Disposal" for disposal of large-sized garbage.

Be sure to dispose car and bicycle on your responsibility. Please be sure to keep in mind any appliances that you need to pay a recycling fee for, and the proper disposal of computers. (For further information on large garbage disposal, or appliance recycling please see p.51)

★Mail

Post office does not offer mail forwarding service to abroad.

Please leave your home address at the International Student Exchange Division before leaving Japan.

★Return of National Health Insurance Card

Bring your National Health Insurance Card, tax bill and air ticket for your country with you to the National Health Insurance Section in the Nagasaki City Hall to return your national Health Insurance Card. This procedure can be accepted 2 weeks before leaving Japan if you have an air ticket. If you miss this procedure, you will have to continue to pay tax.

★Return of certificate of alien registration

Return your certificate of alien registration with departure stamp at the airport.

★Japanese Driver's License

It is not necessary to return your driver's license issued in Japan.

-Care for International Students after Going back to Their Countries

The university has a system to send the journals, study reports, etc. published by learned societies for two years free of charge (maximum 20,000 yen), which is applied to the Monbusho scholarship students who have finished graduate school and meet one of the following two conditions:

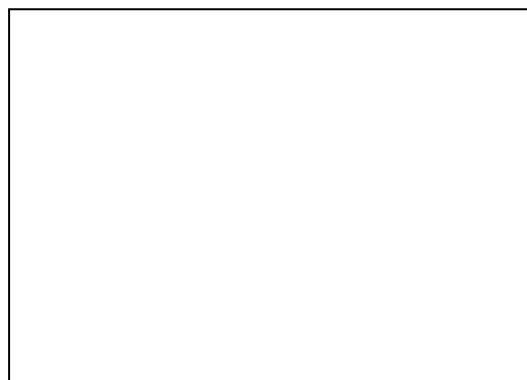
1Students who had finished his/her scholarship, and whose nationality is in Asia, Central or South America and Africa and will engage in the field of governmental administration, education and institution in their country.

2The students who will continue their study in higher educational organization in their country. For more information, please contact the International Student Exchange Division(RYUUGAKUSEIKA)

19 Sports

▪ Sports Facilities in the University

There are a variety of sports facilities in the University. Those facilities are primarily used by PE classes and clubs, but anyone can also use them while there are no classes or during lunchtime. Sign up before you use.



gym(Bunkyo campus)

★ Bunkyo Campus

- If you want to use ground or tennis court, please ask for availability and sign up at the Extracurricular Activities Support Corner of the Student Support Center(For the location, see the map on page152③).
- You can check out sports equipment at the reception counter on the first floor in the gym by showing your student ID card and filling out an check out form, if they are available.

List of sports equipment which can be checked out at the gym

| | |
|--------------------------|---|
| Tennis | Rackets |
| Badminton | Rackets, shuttles |
| Volleyball | Balls |
| Basketball | Balls |
| Softball | Balls, gloves, mitts, bats, bases |
| Table tennis | Balls rackets |
| Mountaineering equipment | Tents sleeping bags, camping pots, etc. |

- *The gym is open from 8:30 a.m. to 6:30 p.m. and closed on Saturdays and Sundays, year-end and new-year and holidays.
- *Wear sports shoes in the gym and in the tennis court.
- *Please return tennis court in good condition after playing.
- *For the location, see the map on Page 152①.

★ Sakamoto Campus (School of Medicine)

There are a gym, a tennis court and a ground. For tennis court and ground, please ask for availability and sign up at the GAKUMUGAKARI of School of Medicine. They don't have rental sports equipments in the gym of the Sakamoto Campus.

★ Katafuchi Campus (Faculty of Economics)

There are a gym, a tennis court and a ground. For tennis court and ground, please ask for availability and sign up at the GAKUMUGAKARI of the Faculty of Economics. They don't have rental sports equipments in the gym of the Katafuchi Campus.



- Public Sports Facilities

There are various kinds of public sports facilities in Nagasaki, for instance, swimming pool, athletics stadium, tennis court and so on. The followings are Shimin Sogo Pool and jogging course often used by international students.

★Shimin Sogo Pool

(in Matsuyama-machi TEL 095-845-1212)

For the location, see the map on Page 145①.

| | |
|----------------|---|
| Facilities | Indoor heated pools (50m pool, 25m pool, and pool for infants) Outdoor pools (running water pool, 2 slides, pool for infants and children) |
| Business hours | 9:00 a.m. to 8:00 p.m. on Saturdays, Sundays, national holidays, and from June 15 to September 15. 1:00 p.m. to 8:00 p.m. on weekdays from September 16 to June 14. Closed on Tuesdays (No closed from July 21 to August 31, 11:00 a.m. to 9:00 p.m. in general. 9:00a.m. to 9:00 p.m on Sundays and holidays.) |
| Charge | 450 yen every 2 hours for adults, excess charge is 150 yen per hour 300 yen every 2 hours for senior high school students 150 yen every 2 hours for elementary school and junior high school students and little children over 2 years old. |

- Elementary school and junior high school students and little children have to come with their parents or some other guardians.
- You have to wear a swimsuit in the pool room. Ordinary clothes is not allowed even if you just look at others swimming.
- There are several other municipal swimming pools in the city.

★Jogging course

There is a jogging course of 600 meters long around the athletics stadium near the Peace Park, where you can run at any time.

* For more information on public sports facilities in Nagasaki-city, contact the Sports Promotion Section (SUPOTSU-SHINKOKA) in the City Hall at 095-829-1197.

- Other Sports Facilities

★ Athletic room in the Nagasaki Shakai Hoken Center

* This is a training room you can train yourself mainly by using machines. The main equipment includes treadmill, a step machine, an aero bike, and a machine to train legs and pectoral muscle. There are two trainers on hand to give instructions at all times. They will devise training program at your request. There is also a shower room. Reservation is not required.

Charge : 500 yen every 2 hours, and excess charge is 250 yen per hour.

Business hours : Monday to Thursday 12:30 to 20:00

Friday Saturday 10:00 to 20:00

Sunday 10:00 to 17:00

For more information, contact Shakai Hoken Center

TEL 095-846-7211. For the location, please see the map on Page 143⑤.

20 Let's Join Circles

Living abroad often gives you some stress. There are a lot of international students joining local or campus circles to learn something new or enjoy sports. This section covers international students' circles or local circles which welcome international students.

▪ Sports Circle

★Aikido

▪ Aiki Manseido Nagasaki Dojo

There are many people including children and the aged, both male and female, who do Aikido training in this dojo (gym). Some international students are doing together with them. Training hours: 6:00 p.m. to 8:00 p.m. on Tuesday, Thursday and Saturday, 9:00 a.m. to noon on Sunday at municipal Suwa Gymnasium (near Suwa Shrine). Anyone is welcome if he/she would like to continue as long as possible. If you are interested in, please come to the gym and ask about the joining fee and monthly fee during the time of practice(095-826-4491 Mr.Matsuo). For the location, see the map on Page 147©.



▪ Aiki Manseido Nagasaki Kita Dojo

They practice in the training hall of Iwaya Junior High School (near the Seiyu, Iwaya-cho, Nagasaki-city). Training hours: 7:00 p.m. to 8:30 p.m. on Wednesday, 5:00 p.m. to 6:30 p.m. on Saturday and Sunday. For more information, such as the joining fee and monthly fee, please contact Mr.Hamada(095-848-7873).

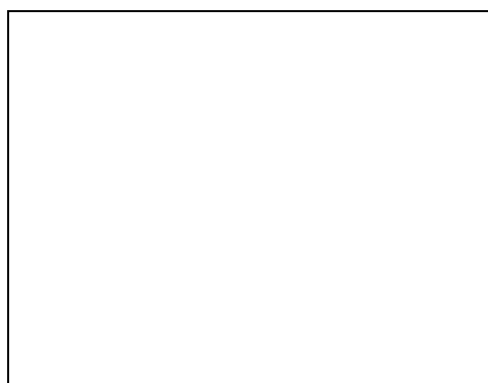
▪ Aikido/Nagasaki Kiwakai

About 25 trainees including adults and children are training in this dojo (gym). Until March 2004 some international students were members of this gym. They still keep practicing in their home country. Training hours: 6:30 a.m. to 7:30 a.m. on Thursday, 9:00 a.m. to 11:00 a.m. on Saturday at municipal Suwa Gymnasium (near Suwa Shrine). Joining fee is ¥5,000 including the first month's tuition fee, special fee, and the first sports insurance fee. Monthly fee is ¥1,500, sports insurance fee is ¥1,500 per year, and another special charge is required 2 times a year, in April and October.

If you are interested in it, or you want to try it, please come to dojo directly.

Manager: Mr. Wakasugi phone 095-845-1385
e-mail address knswaka@coral.ocn.ne.jp
Kiwakai's

website:<http://www10.ocn.ne.jp/~kiwanaga>



This photo shows an international student taking the promotion test for the second dan.

- Cultural Circle

★Kado (Japanese Flower Arrangement)

Ms. Terumi Terashi, who is an instructor of Kado class of Intensive Japanese Course at International Students Center, has her own Kado class. Anyone who is interested in Kado is welcome. It is preferable to learn in a group. Only Japanese is used in the class. School is located in Hanazono-machi, Nagasaki-city (10 minutes' walk from Matsuyama-machi streetcar stop.) Please contact Ms. Terashi (Phone: 095-892-7453) for more information.

★Pottery

Ms. Terumi Terashi also has pottery class once a month. Materials fee is required. No lesson fee. Please contact Ms. Terashi (Phone: 095-892-7453) for more information.

★Nihon Buyo (Classical Japanese Dance)/Ichijukai

Ms. Yasuyuki Fujima has a class of classical Japanese dance, kimono dressing, Japanese traditional manners. The experience here will remain as your good memory and at the same time you can learn Japanese culture too. Anyone, older than 4 years old, who is interested in Japanese Dance is welcome. They have a yearly performance meeting. Classes are from 4:00 p.m. to 8:00 p.m. on Wednesday in Nagai Students Center (5 minutes' walk from the back gate of Bunkyo Campus) and from 1:00 p.m. to 3:00 p.m. on Tuesday and Saturday at Ms. Yasuyuki Fujima's residence. She teaches this class as a volunteer for foreigners. Please contact Nagai Students Center (Phone: 095-844-6872) for more information.

★Sokyoku (Okoto"Japanese Harp")/Ikuta-ryu Sokyoku Kyoshits

Ms. Gayu Shinohara has Koto class three times a month for international students. Tuition fee is 3,000 yen per month. Schedule for lesson is changeable depending on each student's convenience. The lesson is held near Suwa Shrine. Please contact Ms. Shinohara (Phone: 095-826-1053) for more information.

★Sado (Tea Ceremony)

***Maccha (powdered green tea)**

Ms. Sochi Sonoda has Urasenke Sado class at his residence in Kogakura-machi. For international students, classes will be held three times a month and tuition fee is 3,000 yen per month. Please contact Ms. Sonoda (Phone: 095-878-6207) for more information.

***Sencha (green tea)**

Mr. Kiyoshige Moriyama has Ogasawara-ryu Sado class in Hanazono-machi (10 minutes' walk from Matsuyama-machi streetcar stop.) For international students, classes will be held two times a month and tuition fee is 3,000 yen per month. Please contact Ms. Terashi (Japanese Flower Arrangement teacher, Phone: 095-892-7453) for more information.

★Haiku class/Oki Nagasaki

If you are interested in Haiku, please contact Ms. Kyoko Nakao (Phone: 095-856-3787). Only Japanese is used in the class.

★Tanka class /Asunaro-sha

Mr. Norito Kamikawara has Tanka class. If you are interested in it, please contact Mr. Kamigawara (Phone: 095-827-5491). Only Japanese is used in the class. Several international students have learned here.

▪ Circles in the Nagasaki University

There are 77 sports circles and 54 cultural circles for all students in the Nagasaki University (as of March 2006). Besides them, each faculty has a lot of sports and cultural circles for students in each faculty. For more information on those circles, please contact Extracurricular Activities Support Corner of the Student Support Center. For the location of the Student Support Center, see the map on Page 152 ③.

▪ Local Community Centers

Various circles are doing their activities in local community centers, for instance, music, painting, calligraphy, flower arrangement, cooking, dance, etc. The followings are large community centers accessible from University. You may find what you want to learn.

| | Location | Phone Number |
|---------------|--|--------------|
| Kita Kominkan | South Bld. of Chitosepia | 095-845-6362 |
| Chuo Kominkan | In Shimin Kaikan (Get on the No. 1 streetcar, get off at "Kokaido") | 095-825-1948 |

▪ Kokusai Koryu Juku

In Kokusai Koryu Juku, various groups are active in the fields of culture and sports. See Page 55 for more information.

21 Family

▪ Consultation

NIC (Nishi-machi International Club), which was introduced in the section “ Volunteer Groups for International Students and International Exchange Organizations” gives advice for pregnancy, childbirth, children’s day care center, kindergarten, schooling and so on. Don’t hesitate to ask NIC staff members, if you need advice. See Page57.



▪ If Your Baby is Born in Japan

When you give birth in Japan, undertake the following procedures in order as given below.

| | Place | Necessary Documents |
|--|---|--|
| ① Birth registration (complete within 14 days of the birth) | City Hall (or Town Hall) For the location, see the map on Page147 ⑦. | * Birth certificate (Obtain from the doctor) *The parents’ certificates of alien registration * The parents’ passports * Maternity card |
| ② Status of residence (complete within 30 days of the birth) | Nagasaki Immigration Office For the location, see the map on Page 147 ⑩ | * Birth registration certificate (Once ① is completed) * The parents’ certificates of alien registration * The parents’ passports |
| ③ Alien registration for baby (complete within 60 days of the birth) | City Hall (or Town Hall) | * Status of residence certificate (Once ② is completed) * The parents’ certificate of alien registration of person |

★ **Subsidy for baby**

If the mother takes out a National Health Insurance, she can receive a subsidy for the baby from the government(See page85). Apply at the National Health Insurance Section (KOKUMIN-KENKO-HOKENKA) in the City Hall or Town Hall. The National Health Insurance card, certificate of alien registration and bank account book are needed to complete the procedure. For details, please contact the national health insurance Section at city hall. You can call city hall at 095 - 825 - 5151, and ask to be transferred to the health insurance Section.

★ **Childbirth loan**

In case a woman whose term is coming within the next one month or who is more than 4 months pregnant and temporarily needs medical payment, childbirth expense is partially loaned out. Application is accepted at the National Health Insurance Section. For more information, please ask at the National Health Insurance Section in the City Hall.

★ **Baby’ s Passport**

A passport will be required for the baby when you leave Japan. A passport can be obtained at your embassy or council.

★ **Baby’ s Nationality**

The baby can obtain Japanese nationality if either his/her father or mother has Japanese nationality.

▪ Children’s nursery schools and Schools

If you want to send children to children’s nursery schools or schools, procedure is required at the City Hall.

Please refer “A practical Guide for International Students and Families”, which is distributed at the International Student Center and gives you detailed information about children’s day care center and school.

22 Banks

▪ Local Bank and City Bank

There are many opportunities to use banks, such as receiving your scholarship, funds and medical subsidy, sending money and paying electricity, gas and other utility fees. There are two types of banks: city bank and local bank. City banks have branches all over Japan.

★Local banks in Nagasaki-city

(Juhachi Bank and Shinwa Bank have a lot of branches in the city.)
Juhachi Bank, Shinwa Bank, Fukuoka Bank, Nagasaki Bank, etc.

★City banks in Nagasaki-city (There are several city banks in the street arcade in Hamano-machi and the neighborhood.)
Mitsubishi TokyoUFJ- Bank, Mizuho Bank, Risona Bank

★ **Business hour** Monday through Friday 9:00 a.m. to 3:00 p.m.

▪ Opening an Account at a Bank

Documents necessary in opening a bank account are as follows. You can have cash card made when you open a bank account, so that you can use an ATM (automatic teller machine) with your cash card.

Certificate of alien registration
Seal or signature
Deposit money (a minimum of 1 yen)
Application form (ask at the bank)

* See Page115for post office accounts.

▪ Sending Money (Domestic and International)

You can send money to banks within Japan or abroad.

★Sending money within Japan

Money transfer charge depends whether you transfer between the branches of the same bank or between the different banks. Transfer charge is less expensive when you use an ATM than when you ask at the service counter. Otherwise, if you have a bank account at the bank you want to transfer money to, you can transfer money from your account to other's account using a cash card. In this case, transfer charge is less expensive.

* Maybe it is difficult to transfer money using an ATM, and it is better to ask a bank staff how to use it at the first time. In that case, you should go to bank by 3:00, the time when bank is closed.

e.g.: **In case an account holder of Juhachi Bank sends 30,000 yen to a bank in Japan using an ATM of Juhachi Bank.**

Charge for transfer with cash: to a branch of Juhachi Bank → ¥210
to other bank → ¥525

Charge for transfer with a cash card or account book: to Juhachi branch → ¥52
to other bank → ¥367

★Sending money to foreign countries

The followings are required when you send money to foreign countries. The fee for sending money to foreign countries differs depending on banks and countries.

e.g.: Required things if you send money to a foreign country at Juhachi Bank.

- Certificate of Alien Registration (to identify you and check your address)
- **Fee for sending money: fee for telegraphic transfer※ + bank fee※**

※The fee for telegraphic transfer is 4,000 yen.

※There are 2 ways to pay bank fee, i.e. the sender pays or the receiver pays. In the latter case, the fee is deducted from the sending amount. It might be better that the sender pays the fee to avoid double-payment. The fee differs depending on countries, but it is generally around 2500 yen.

★Sending money to foreign countries via post office

You can send money to foreign countries at post offices, too. See Page 115 for more information.

▪ ATM (Automatic Teller Machine)

You can withdraw, deposit and transfer money using an ATM. Its business hours differ depending on the location of the machines, so some machines are open on Saturdays and holidays while others might not be. Also, not all machines allow money transfer by cash. (Any machine allows money transfer between bank accounts.) ATMs of Fukuoka Bank, Juhachi Bank, and Post Office are in the Bunkyo Campus, and that of Juhachi Bank is in the basement of the Hospital of the School of Medicine. Shinwa Bank is available at the Lawson.

★Business hours of ATMs

Business hours of ATMs differ depending on days and offices. Some machines open from 8:00 a.m. to 9:00 p.m. However, fee of 105 yen or 210 yen is required when you use an ATM early in the morning, late in the afternoon, on Saturdays, Sundays and national holidays, or when you use ATMs of banks other than the one where you have an account.

* Machines in Bunkyo Campus and the basement of the Hospital of the School of Medicine open from 9:00 a.m. to 5:00 p.m. on weekdays.

* Any fee is not required at any time when you use ATMs of post offices.



23 Post Office

Post office is very important for the international students. There, you buy post stamps and postcards, or send letters or parcels to your family or friends in your country.

You can get information about postal service on the website of Post Office, and for overseas remittance and post-office savings, please see the website of Post-Office Savings. Either website has English version.



(symbol of post office)

Website of Post Office: <http://www.post.japanpost.jp/>
 Website of Post-Office Saving: <http://www.yu-cho.japanpost.jp/>

- Post offices near Nagasaki University

| | |
|---|--|
| Near Bunkyo Campus | Ohashi (TEL 095-844-3960) Sumiyoshi (TEL 095-844-3938) Shiratori (TEL 095-844-5937) Bunkyo (TEL 095-844-3923) Motohara (TEL 095-844-4967) |
| Near the School of Medicine and School of Dentistry | Nagasaki Kita (TEL 095-846-1913) Matsuyama (TEL 095-844-3956) |
| Near the Faculty of Economics | Nagasaki Chuo (TEL 095-822-0067) Katafuchi (TEL 095-822-9833) Nishiyama (TEL 095-822-9805) Shindaikumachi (TEL 095-822-9802) Nakagawa (TEL 095-822-9832) |

★ Business hours(Except for Nagasaki Kita and Nagasaki Chuo)

[For mail, packages and registered mail]

Monday to Friday : 9:00 a.m. to 5:00 p.m. Closed on Saturdays

[For money transfer, money order]

Monday to Friday : 9:00 a.m. to 4:00 p.m. Closed on Saturdays

- Business hours of Major post offices(Nagasaki Kita and Nagasaki Chuo)

Nagasaki Kita and Nagasaki Chuo Post Office are main post offices of which business hour is longer than other post offices and they have “Yu-yu Counter” where they accept mail, parcel, etc. 24 hours including Saturdays, Sundays and national holidays (Overseas mail is also acceptable.)

★ Nagasaki Kita Post Office

(TEL 095-846-1913)

[For mail, packages and registered mail]

Monday to Friday: 9:00 a.m. to 7:00 p.m.

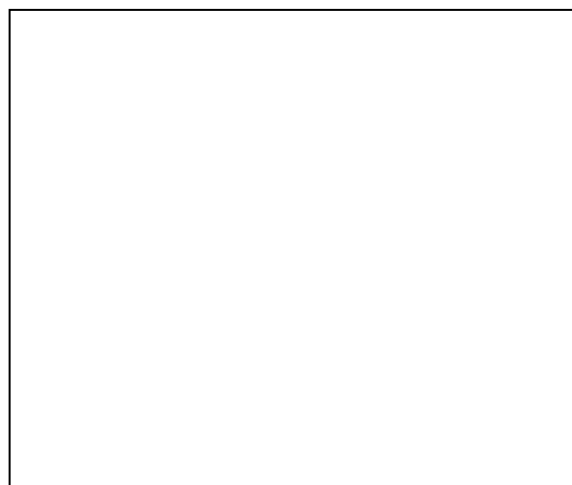
“Yu-yu Counter” is open in 24 hours including Saturdays, Sundays and national holidays

[For money transfer, money order]

Monday to Friday: 9:00 a.m. to 4:00 p.m.

Closed on Saturdays, Sundays and national holidays

For the location, see the map on Page 145③



★ **Nagasaki Chuo Post Office** (TEL 095-822-0067)

(For the location, see the map on Page147⑥)

[For mail, packages and registered mail]

Monday to Friday : 9:00 a.m. to 7:00 p.m.

Saturdays : 9:00 a.m. to 5:00 p.m.

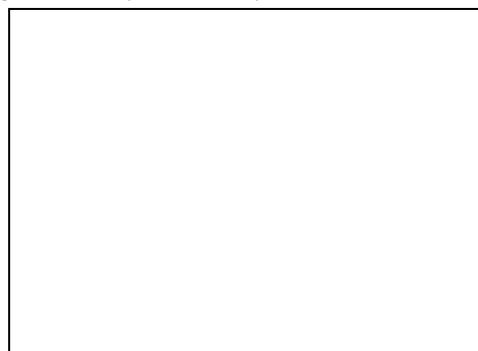
Sundays and national holidays : 9:00 a.m. to 12:30 a.m.

“Yu-yu Counter” is open in extra hours including Saturdays, Sundays and national holidays

[For money transfer, money order]

Monday to Friday : 9:00 a.m. to 6:00 p.m.

Closed on Saturdays, Sundays and national holidays



- **Postal Charges**

★ **Domestic mails**

| | | |
|--------------|--|--|
| Standard | Up to 25g Up to 50g | 80 yen 90 yen |
| Non-standard | Up to 50g Up to 100g Up to 250g | 120 yen 140 yen 240 yen |
| Postcard | 50 yen | |
| Express | Up to 250g | 270 yen |

International mails

| | | | | |
|--------------------|---|--|--|-------------------------------|
| | | Asia, Guam, Marshall and other Asian area | North America, Central America, Oceania, Middle East, Europe | Africa, South America |
| Standard | Up to 25g Up to 50g | 90 yen 160 yen | 110 yen 190 yen | 130 yen 230 yen |
| Non-standard | Up to 50g Up to 100g Up to 250g | 220 yen 330 yen 510 yen | 260 yen 400 yen 670 yen | 300 yen 480 yen 860 yen |
| sea mail parcel | Up to 5kg Up to 10kg Up to 20kg Up to 30kg | 2500yen~4000yen 3750yen~6750yen 5750yen~10250yen 7750yen~13750yen | | |
| Postcard | 70 yen | | | |
| airgram | 90 yen | | | |

- Overseas Postal Service

★ International express mail (EMS)

- An international express service which can be used to send emergency and important mail or parcels quickly and safely.
- Compensation is available for EMS. It is better to use EMS when you send “Certificate of Eligibility to Status of Residence” to your family in order to bring them to Japan.
- EMS is easy to use. Go to the post office and just write a sending address, etc. on a label prepared by the post office. The service of EMS tracing system is also offered.

You can access the system from the website of Post Office.

(<http://www.post.japanpost.jp/>)

- Charge of EMS is, for instance :

| | |
|------------|--|
| under 300g | 900 yen to Asia, 1,200 yen to Oceania, North America, Central America, the Middle and Near East 1500 yen to Europe 1,700 yen to South America and Africa |
|------------|--|

The table of charges is set for up to 30kg.

★Economy air parcel post (SAL)

A kind of international mail service which is less expensive than air mail and is delivered more quickly than sea mail. SAL is an abbreviation of Surface Air Lifted. Mail and parcels are carried abroad as fillers of extra space in air cargo. As it needs 3 days to 1 week more than usual air mail, it is suitable for sending something relatively heavy and not urgent, e.g. books.

★Small Packets

Small and light objects up to 2kg can be mailed through small packets less expensively than EMS and the usual parcel post.

*The post office offers other services. Just inquire for more information.

- Local postal service

★EXPACK 500

EXPACK500 costs 500 yen, and is a convenient way to send an A4 sized “EXPACK 500 envelope” next day to anywhere in Japan. There is no need to use stamps or pay any extra fees.

★Home Delivery Service of Parcels

Post Office serves “Yu-Pack System” which delivers parcels to anywhere within Japan in 1 or 2 days. Not only Post Office, but also many couriers provide a home delivery service. University Coop, many convenience stores, liquor shops, rice shops, laundry shops offer this service as those couriers’ agencies.

▪ Post Office Savings

★Opening an account

It is convenient to open an account at the post office because you can pay fees for gas, electricity and water supply through the account, and you also can deposit or withdraw money even on Saturdays and Sundays without charge. A post office account is often used for domestic remittance and transfer. There is an ATM (automatic teller machine) of the post office in the Bunkyo Campus.

Documents necessary in opening account are as follows:

| |
|--|
| Application form (available at post office) Seal (if you have one) ID card(Student ID card, alien registration card) |
|--|

★Business hours of post office ATM

Business hours of post office ATMs are different depending on offices. They are open at 9:00 a.m. Many ATMs are open on Saturday, Sundays and national holidays, too. To have deposit and withdrawal record in your bankbook is free of charge(Saturday, Sunday, Holiday also).

* The ATM in the Bunkyo Campus is open from 9:00 a.m. to 5:00 p.m. on Monday to Friday.

▪ Sending and exchanging money

★Overseas Remittance

You can send money to 92 countries through the post office (March 2006). The currency used is Japanese Yen. There are 2 ways to send money, i.e. “sending to an address” and “sending to an account”. You can check about remittance fee and list of countries that overseas remittance is available on the website of Post Office Savings (<http://www.yu-cho.japanpost.jp/>). (English is available, too.)

e.g.: In case of sending 100,000 yen to China with “sending to an address” → Fee is 1,000 yen for remittance of 100,000 yen

★Domestic Remittance

You can transfer money to another account with small charge. A form is available at the post office. You can send money safely if you use a special envelope sold at the post office.

★Currency exchange

Chuo Post Office, Kita Post Office, Sumiyoshi Post Office and Sakura-machi Post Office sell and buy 7 kinds of currency; US dollar, Canadian dollar, UK pound, Austrian dollar, and Swiss franc, Euro and Korean Wong. If you want to change foreign currency other than US dollar, it is faster to do it in Chuo Post Office than in other post offices.

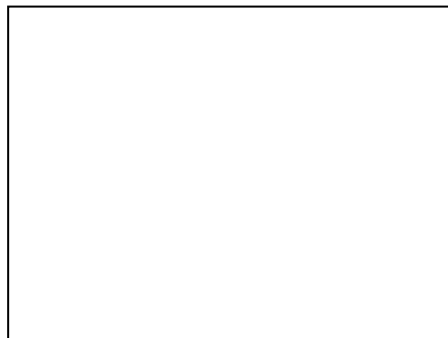


24 Transportation

• Transportation in Nagasaki

The principal transportation systems in Nagasaki are JR, bus and streetcar. For information, contact the following.

JR Nagasaki station : TEL 095-823-3108
 Streetcar : TEL 095-845-4111
 Ken-ei Bus : TEL 095-826-6221
 Nagasaki Bus : TEL 095-826-1111



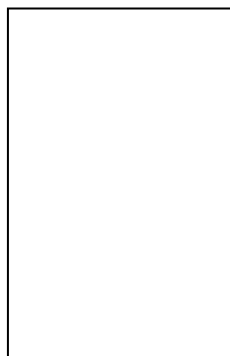
-How to Use Bus and Streetcar (popularly called “Densha”) Effectively

★ **Coupon tickets (for streetcar) /Smart card (for bus)**

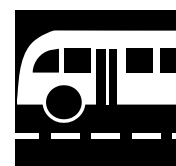
You can buy coupon tickets (kaisu-ken) for streetcars, a set of eleven tickets sold for the price of ten. It is very convenient. We hear making use of buses is more difficult than streetcars for international students. There is a prepaid pass, which is called a smart card, for buses. This card is good for all six bus services in Nagasaki. The card uses a simple one-touch system. You don't have to take a number ticket and you don't have to care about small change when you ride on a bus. You can add the amount by the thousand yen in the bus. Student bus coupon tickets are available, too. (See Page121for the location of bus terminal.)

| | | |
|---|--------------|--|
| Streetcar (11 pieces for 1,000 yen) | | <ul style="list-style-type: none"> • Can be purchased from the driver on streetcar. • Can be purchased at the University Co-op. |
| Smart Card(for Bus) | | <ul style="list-style-type: none"> • Can be purchased when you ride on a bus. You can add the amount in the bus or at the bus office. • Can be purchased at the University Co-op |
| Student discount coupon tickets (13 tickets(for Bus), the discount rate is higher) You can only use these between the stop near your home and the stop near your school. You can not use when you go to your part-time job. | Ken-ei Bus | <ul style="list-style-type: none"> • Can be purchased at the Ken-ei Bus Terminal. ※ Application form stamped by the university is required. |
| | Nagasaki Bus | <ul style="list-style-type: none"> • Can be purchased at the Nagasaki Bus Head Quarter Terminal ※ Student ID card is required. |

“Densya”
Coupon tickets



smart card



★ Student commuter pass

If you take a bus, streetcar or train to school, student commuter pass is very convenient. The student commuter pass shows the term of validity and route.

You have to fill out an application form and get it stamped by the university to purchase the pass for the first time in your academic year. Application forms are available at your faculty's Student Section and at the place where you buy the pass.

Where to buy/type of ticket

| | |
|--|--|
| Nagasaki Bus (one-month pass and three-month pass) | Nagasaki Bus Headquarters Terminal near Chinatown (See the map on Page 147⑥.) |
| Ken-ei Bus (one-month pass and three-month pass) | Nagasaki Station Terminal B1 (See the map on Page 147①.) |
| Streetcar (one-month pass and three-month pass) | one month pass is 3600yen ,three month pass is 9940yen.Urakami-syako office or the pass office(near the streetcar station"Suwajinzya mae") |
| JR (one-month pass, three-month pass and six-month pass) | JR Nagasaki station, Urakami station |

* When you buy the commuter pass for the first time, you need a certificate issued by the University. You can continue to buy the pass until the end of the academic year without the certificate thereafter.

- Long-Distance High-Way Bus from Nagasaki

☆ High-way bus Kyushu-go running between Nagasaki and Fukuoka

High-way bus "Kyushu-go" run by Kyushu Kyuko Bus is convenient for traveling to Fukuoka. Especially, "Super Non-Stop Kyushu-go" will take you to Fukuoka in only 2 hours 5 minutes. 13 round-trip buses also run from Nagasaki to Fukuoka Airport every day. Bus charge is 2,500 yen for one way, and 4,500 yen for round-trip. You can buy a bus coupon ticket sheet with 4 tickets for 8,000 yen, which is sold at the Ken-ei Bus Terminal (in front of JR Nagasaki station/See the map on Page147④),at the Showa-machi bus station (See the map on Page 143②), at the university co-op, in the bus. It is better to reserve seats for round-trip in advance. Reservation is accepted from 8:30 a.m. to 7:00 p.m. The phone number is 095-823-6155 (Nagasaki), and from 8:00 a.m. to 7:00 p.m. phone number is 092-734-2500 (Fukuoka). You can make a reservation on the website, too (http://www.nishitetsu.co.jp/kyushu_go/, Japanese only). But we recommend the telephone reservation. Before you get on a highway bus at Hakata Station, Tenjin Bus Terminal or Fukuoka Airport, you have to get a Teisu-ken (reserved ticket) at the ticket counters. You can make a reservation at the University Co-op, too. There are Showa-machi line and Dejima Road line. Since 2005, the bus has started making a stop at the Matsuyama machi bus stop.



"Kyushu-go"

★Airport buses

There are 2 routs of airport bus between Nagasaki-city and Nagasaki Airport.

1. Nagasaki-eki-mae (or Glover Garden-mae) → Urakami-eki-mae → Ohashi → Showa-machi → Nagasaki Airport (via bypass ,every 20 min., approx 50 min. required)
2. Nagasaki-eki-mae → Chuobashi → Suwa-jinja-mae → Nagasaki Airport(via bypass, approx. every 30 min. approx. 43 min. required)

Charge: 800 yen for one-way, 1,200 yen for round-trip. You can buy tickets at the University Co-op, at the Showamachi bus station, and in the bus.

★Kyushu High-way buses

Ken-ei bus runs the high-way buses for Sasebo, Beppu/Oita, Kumamoto, and Kitakyushu,Miyazaki,Karatsu/Yobuko. Nagasaki bus runs the high-way buses for Beppu/Oita. For more information and reservation, contact Nagasaki bus office (095-826-1111), Ken-ei bus office (095-823-6155). You can make a reservation at the University Co-op, too. There are two round-trip express tourist busses headed for Unzen and Obama every day. For more information call (095)826-6221.

★Night High-way buses

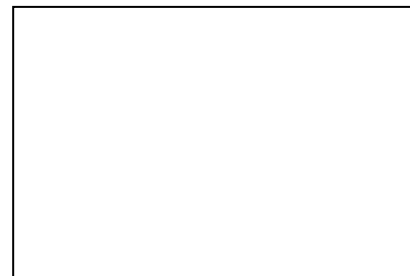
Night high-way bus, which leaves Nagasaki at night and arrives the destination in the morning, will make you save time and money. Nagasaki bus runs the night high-way buses for Himeji/Kobe, Osaka/Kyouto and Oogaki/Nagoya. Ken-ei bus runs the night high-way buse for Osaka. For more information and reservation, contact Nagasaki bus office (095-826-1111), Ken-ei bus office (095-823-6155). You can make a reservation at the University Co-op, too.

• Major Bus Stops and Terminals

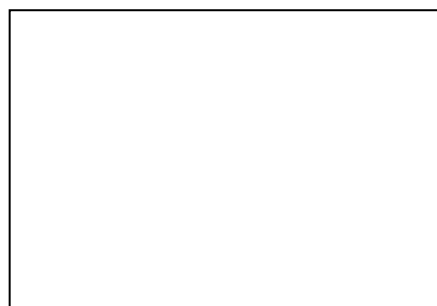
★Showa-machi : Located near the University’s Bunkyo campus. This bus stop is for the airport limousine, long-distance buses for Sasebo and other major cities in Nagasaki Prefecture and buses for neighboring prefectures such as Fukuoka, Kumamoto, Saga, as well as long distance overnight buses for Osaka, Kyoto and Nagoya etc. You can get a ticket or coupon tickets at a clothing store in front of the bus stop. For the location, see the map on Page 143②.



★ Ken-ei Bus Terminal : Located in front of JR Nagasaki station. This terminal is the starting station of various kinds of buses. For exsample, airport limousine, long-distance buses for Sasebo and other major cities in Nagasaki Prefecture, buses for tourist resorts such as Unzen, Huis Ten Bosch and neighboring prefectures such as Fukuoka, Kumamoto, Saga, Night high-way buses for Osaka, For the location, see the map on Page 147①.



★ Nagasaki Bus Headquarter Terminal : Located near Chinatown in Nagasaki Shinchi. This terminal is the starting station of various kinds of buses. For exsample, night high-way bus for Himeji/Kobe, Osaka/Kyouto and Oogaki/Nagoya For the location, see the map on Page147⑥.



★ **Ohashi** : Located near the Peace Park. This bus stop is for the airport limousine, and night high-way buses(Kenei-bus). For the location, see the map on Page143⑥.

★ **Nagasaki-ekimae-minamiguchi** : Located in front of Hotel New Nagasaki. This bus stop is convenient, when you go to Nomozaki area. For the location, see the map on Page147④.

★ **Nagasaki-ekimae-higashiguchi** : Located diagonally opposite side of the Central Post Office. For the location, see the map on Page147⑤.

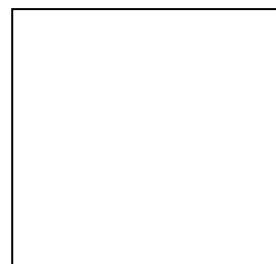
★ **Nagasaki-ekimae** : Located in parallel with streetcar station. Buses that go to northern area stop here. For the location, see the map on Page147②.

There are also Highway Bus stops at Matsuyama machi, Takara machi, Sumiyoshi, Oohato, and Chuoh-bashi. When you are making your reservation, please be sure to check if the bus will stop at your desired bus stop.

• JR's Discount Services

★ Student discounts

Students receive a 20% discount when traveling at a distance exceeding 101km on JR trains. Automatic Certificate Issue Machine is set up at the Student hall. You can use the machine by inserting your student ID card. You can also use student discount for certain ships or ferries. Machines are set up at the Student Assembly hall in the Bunkyo Campus, or in the Sakamoto Campus and Katafuchi Campus. Research students and nondegree student cannot use the student discounts. For the location of the machine, see the map on Page 146④.



Automatic Certificate Issue Machine

★ Nice Going Card

This is a discount service of JR Kyushu Railway. Transportation charge is discounted on Friday, Saturday, Sunday and national holidays if you travel exceeding 100km. This service is available only for people between the age of 16 and 29, and it is available only for round-trip tickets. For this service, you have to become a member (500 yen a year). Fill in the application form for membership at the University Co-op or Nagasaki station or Urakami station.

★ Seishun 18 Kippu

This is a JR ticket available only in March 1 through April 10, July 20 through September 10 and December 10 through January 20. This ticket costs 11,500 yen(includes 5 tickets). One ticket is available for 24hours all JR lines (except for special express and express trains). These 5 tickets cannot be separated. In case of a group tour, the 5 tickets can be used. You can make your trip less expensive by using this ticket effectively.

* JR offers many other discount tickets. Inquire at the ticket counter at the University Co-op.



• Air Ticket

There are several international and domestic discount air tickets. For example, the birthday discount is a great deal. Domestic and international air tickets are sold at the University Co-op (See Page 63 “The University Co-op”). In addition, there are several travel agencies selling discount international air tickets in Nagasaki. For example, international students often use H.I.S (Tel 095-820-6839, because they speak both Japanese and English.

25 Cars and Motorcycles

- Driver's License

You must carry your driver's license when you drive a car or a motorcycle. You can drive a 50cc motorcycle with your automobile driver's license. If you drive a car without a driver's license, you will be charged.



★Driver's license inquiry (for cars and motorcycles)

Driver's License Center

Address : 533-5 Kogashima-machi, Omura City

TEL : 0957-53-2128

Access : Take a limousine bus to Nagasaki Air Port and get off at "Nakakogashima."
(Some buses stop in front of the Test Center early in the morning.)

*See Page 121 for bus stops of airport bus.

★International driver's license

Your international driver's license is valid for one year from the date of issue. Be sure to confirm the license type, because only licenses issued by signatory countries of Geneva agreement* are valid in Japan. A Japanese driver's license will be required after one year or if your license is not valid in Japan.

* If there is "year of 1949" on your driver's license, it may be the one issued by signatory countries of Geneva agreement.

★A driver's license issued by a foreign country

Ask at the driver's license center if they admit that your driver's license is enough to prove your driving ability in Japan. If they admit, you will be able to get Japanese driver's license without taking a written test and a driving test.

* In general, the following are required to get a Japanese driver's license with the license you have.

- Passport
- Driver's license you brought from your country
- Certificate of alien registration
- International driver's license (if you have one)
- One photo (3cm x 2.4cm)
- Processing fee (approximately 4,000 yen)
- Translation of your driver's license by JAF (Japan Automobile Federation).

Note: 1. Your driver's license must be issued 3 months before coming to Japan.

2. If your driver's license is expired, you have to take regular test to get a Japanese driver's license.

3. You have to take a written test (available in five languages) and a driving test. If you don't pass a written test, you cannot take a driving test.

※JAF will provide a service for translation of a driver's license.

Address and telephone number of JAF are as follows:



★Address and telephone number of JAF

TEL 095-811-2333

Address : 2-13 Yachiyo-machi, Nagasaki City

Fee : 3,000 yen

Access : Get on the No.1 or No.3 streetcar, and get off at “Yachiyo-machi”(near JR Nagasaki station). You will find a gas station “JOMO” on the right side toward JR Nagasaki station. JAF is behind the gas station.

• How to Get a Driver’s License for a 50 cc motorcycle

Place : Driver’s License Center

Hours : 9:00 to 9:30

Procedure : Written test in Japanese (50 questions) for 30 minutes and practical skill training program for 2 hours.

Necessary materials : Certificate of alien registration, one photo (3 x 2.4cm), INKAN(if you have one), writing utensils

Fee : Approximately 10,000 yen (including fee for test and training)

*You need to pass the written test to participate in a training program, or you cannot get a driver’s license for a 50 cc motorcycle.

• Buying a Car or a Motorcycle

Before you buy a car or a motorcycle, do not forget that there are lots of things you have to do and that you need a lot of money. You have to pay automobile tax, have to buy insurance, and you have to find a parking place. You have to have your car inspected at least every two years and fuel cost is also expensive. Fuel cost is more expensive in Nagasaki Prefecture than other areas in Japan because Nagasaki has many islands. Nagasaki University obligates international students who own motorcycles to take out a voluntary insurance. (See Page21)

★Required procedures

| | |
|-------------------|--|
| Motorcycle | :registration fee, tax , ※compulsory automobile liability insurance, ※voluntary insurance |
| Car | :registration fee, tax, ※ certification of parking space, ※ automobile maintenance inspection , ※ compulsory automobile liability insurance , ※ voluntary insurance |

※The certificate of parking space will be issued by the police. To register your car, you need this certification.

※Automobile maintenance inspection is a legal obligation. You have to have your car inspected every two years. If you buy a new car, the first inspection should be in the third year. Inspection charge is about 100,000 yen.

※Compulsory automobile liability insurance is an insurance people who own a car or a motorcycle have to buy. It is obligatory.

※compulsory automobile liability insurance covers only minimum payment for the injury and aftereffect of an accident. It cannot cover all the amount of reparation demanded if you are responsible for the traffic accident. To make up for this shortfall, you need to buy a voluntary insurance.

26 Telephone

International students want to call their home country as inexpensive as possible. There are many kinds of prepaid cards for international phone call.

In recent days, many international students have their own cellular phones. The function of cellular phone changes from day to day.

To access the Internet, through telephone line was the only way, but now you can access through cable system and fiber optics. The number of students using an IP telephone has been increasing. You should ask other international students about telephone and internet information.

- Purchasing a cellular phone

You can buy a cellular phone at the University Co-op, and there are a lot of cellular phone shops near the university. The function of cellular phone changes from day to day. Discount service for students is also provided. Consider which function you need before you buy it. Ask your friends from the same country or area for detail.

- Overseas Call

“010” will be needed to show it’s an overseas call.

How to call: Overseas call service company’s code (3 or 4 digits) + 010 + Country code + Area code + phone number

★There are several overseas call service companies of which numbers are 001, 0041, 0061, 0033, 0078, etc.

★There are 2 types of pay phone, i.e. the one that overseas call is available or not available.

★There are various kinds of prepaid card for overseas call. Telephone rates vary depending on the country you call to. Compare these cards and choose the most inexpensive one to call to your country. Ask your friends from the same country or region.

★National Code and Area Code for Overseas Call

National code and area code are necessary when making an overseas call. See the website of KDDI. (<http://www.kddi.com/english/telephone/international/index.html>)
For inquiries, dial 0057(24hours, charge-free)

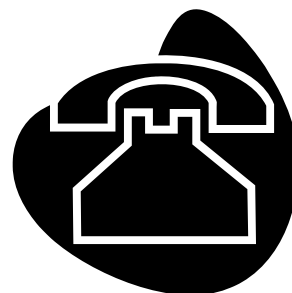
- How to get a phone line

There is NTT’s Light Plan. You have to pay 800 yen for the contract and 2000 yen for the installation fee first. Monthly payment will be the total of such charge as 250 yen for the connection rate, about 1600 yen for the basic rate, and charge for possible amount of your call.

You call NTT service 116 to get a line.

★ADSL Internet Service

ADSL is one the internet connecting services using telephone lines. Some international students use Yahoo!BB which uses ADSL system. If you ask an internet connecting company, they will do all the related procedures including NTT line installment.



27 Local Churches

There are many Christian churches in Nagasaki. The followings are the Christian churches many international students go to and churches that have service in foreign languages.

- Catholic Churches

★Nagai Students Center

English mass: from 11:00 a.m. on Sundays

Spanish mass: from 6:00 p.m. on Saturdays

Nagai Students Center has language classes (English, Spanish, German, French and Japanese), and has various kinds of international parties such as Latin party, Christmas party, etc. They also have accommodation facility (2,000 yen for students or 2,500 yen for others per night). For more information, contact 095-844-6872. For the location, see the map on Page143④

★Nakamachi Church (Phone:095-823-2484) 1-13 Nakamachi

English Mass: the 2nd and 4th Sunday (Many Filipino residents attend)

- Protestant Churches

★Nagasaki Baptist Church (Phone : 095-826-6935) 1-1-4 Katafuchi

Nearest streetcar stop : Suwa Jinja-mae See the map on Page147 for the location.

Bible Study : 10:00 a.m. to 10:45 a.m. on Sundays

Japanese chapel : from 10:50 a.m. on Sundays

English chapel : from 5:45 p.m. on Sundays

★Sei San-ichi Kyokai (Holly Trinity Church) (Phone : 095-823-5459) 2-26 Oura

Nearest streetcar stop: Shimin Byoin-mae or Oura Kaigan-doori (beginning point of Dutch Slope) See the map on Page147for the location

Japanese chapel: from 10:30 a.m. on Sundays

English chapel: from 6:00 p.m. on the first and third Sundays

★ Luther Nagasaki Church (Phone : 095-823-5459) 2-26 Kozen

Nearest streetcar stop : Sakura-machi See the map on Page147for the location

Japanese chapel : from 10 : 30 a.m. on Sundays

★Nagasaki Peace Memorial Church (Phone : 095-861-7500) 21-14 Fujimi

Nearest streetcar stop : Matsuyama-machi See the map on Page145 for the location

Japanese chapel : from 10:15 a.m. on Sundays

- Other churches

★SDA Seven Adventist Church

(phone:095-845-1146) 3-81 Matsuyama-machi, 2F #4

28 Emergency

You should remember Japan's emergency numbers, so that if you happen to encounter some sort of accident you are able to seek help. They are all 3 digit toll free numbers. Also, please call the International Student Office as soon as possible. (095 - 819-2121)

★Fire TEL 119

“Kaji desu! (Name of place)desu”



★Injury, sudden illness Call an ambulance TEL 119

“Kyuukyuu desu. (Name of place)desu”

★Theft, crime TEL 110

“Dorobou, Goutou desuf! (Name of place)desu”



★Traffic accident TEL 110

Regardless of the size of the accident, be sure to call the police.

“Koutsuujiko desu . (Name of place) desu”

If you are injured call an ambulance TEL 119

“Koutsuujiko desu. (Name of place)desu”



▪ Emergency Medical Care

★Nighttime Emergency Medical Center

Nighttime Emergency Medical Center treats emergency case, such as sudden fever, stomachache, injury, etc. in the nighttime. It has no facility for operation and hospitalization. It is located near the streetcar stop “Nigiwai-bashi”. (address: Ishi Kaikan 1F, 2-22 Sakae-machi, Nagasai-city) **See the map on Page147 ㊦.**

Office hours

Mon. thru Fri.

Internal medicine, surgery, orthopedic → 20:00 to 24:00 (Reception desk is open from 20:00 to 23:30)

Pediatrics → 20:00 to 7:00 in the next morning (Reception desk is open from 20:00 to 6:00 in the next morning)

Sat., Sun., National Holidays

Internal Medicine and pediatrics → 20:00 to 7:00 next morning (Reception desk is open from 20:00 to 6:00 next morning)

New Year Holidays (Dec. 31 to Jan. 3)

Internal Medicine and pediatrics → 10:00 to 18:00 (Reception desk is open from 10:00 to 17:00)

Internal Medicine and pediatrics → 20:00 to 7:00 next morning (Reception desk is open from 20:00 to 6:00 next morning)

Nighttime Emergency Medical Center TEL: 095-820-8699

★Daytime of Holidays (Sun, National Holidays and New Year Holidays) → TEL: 095-825-8199

Internal medicine, pediatrics and surgery → 9:00 a.m. to 6:00 p.m.

Gynecology, ophthalmology, otolaryngology and toothache → 9:00 a.m. to noon

29 In case of typhoon/In case of snowy weather

Sometimes typhoons hit Nagasaki in summer and autumn. It is very dangerous to go out when a typhoon approaches or stays in the city. In case of such a weather condition classes and regular examinations will be called off. Rarely but also in case of snow falling they may be called off. Nagasaki University has emergency rules in case of such bad weather conditions. We would like you to know those rules and get more information from television, radio, internet, and Japanese or international friends. The rules are as follows.

- In case of typhoon

★Morning classes will be canceled

if one of the conditions mentioned below is met from 7 to 11 in the morning of the day. And the regular examinations scheduled in the afternoon of the day will be postponed.

- ① Nagasaki Marine Meteorological Observatory issues a typhoon warning to the south of Nagasaki Prefecture.
- ② Two or more public transportation systems as follows are closed in all the Nagasaki lines.

Nagasaki Bus systems
Nagasaki Electric Railroad (Street Car)
Nagasaki Kenei Bus
JR Nagasaki Honsen (from Isahaya to Nagasaki)

★Afternoon classes will be canceled

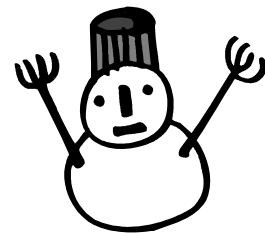
if one of the above mentioned conditions is met from 11 o'clock in the morning to 4 o'clock in the afternoon. And the regular examinations scheduled in the afternoon of the day will be postponed.

- In case of snow

★Morning classes will be canceled

if two or more transportation systems as follows are closed at 7 o'clock in the morning. And the regular examinations scheduled in the afternoon of the day will be postponed.

Nagasaki Bus Systems
Nagasaki Kenei Bus Systems
Nagasaki Electric Railroad (Street Cars)
JR Nagasaki Honsen (from Isahaya to Nagasaki)



★Afternoon classes will be canceled,

if the above mentioned condition is met at 11 o'clock in the morning. And the regular examinations scheduled in the afternoon of the day will be postponed.

•Please get information from the Metrological Office's real time information (weather warning/advisory)

http://www.jma.go.jp/JMA_HP/jma/index.html

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